



Bilag til analyserapport vedrørende

**Guidet, internetbaseret kognitiv
adfærdsterapi til voksne med let
eller moderat depression**

Behandlingsrådet



Bilag

Bilag er et tillæg til rapporten Behandlingsrådets større analyse vedr. Guidet, internetbaseret kognitiv adfærdsterapi til voksne med let eller moderat depression, som kan ses på Behandlingsrådets hjemmeside.

Oplysninger om dokumentet

Godkendelses- dato:	Dokumentnummer:	Versionsnummer:
08-02-2024		1.0

Versionsnr.:	Dato:	Ændring:
1.0	08-02-2024	Godkendt af Behandlingsrådet

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Bilag til HTA-litteratursøgning

1.1 Databaser og resultater

Databaser

Informationskilde	Interface	Resultat	Dato
INATHA – International HTA database	https://database.inahta.org/	4	16.01.2023
NICE (UK) – National Institute for Health and Care Excellence	www.nice.org.uk/	1 (6)	16.01.2023
Centre for Reviews and Dissemination (UK)	https://www.crd.york.ac.uk/CRDWeb/	2	16.01.2023
MSAC – Medical Services Advisory Committee	http://www.msac.gov.au/inter-net/msac/publishing.nsf/Content/application-page	0	16.01.2023
CADTH – Canadian Agency for Drugs and Technologies in Health	https://www.cadth.ca/	7	16.01.2023
EUnetHTA – European Network for Health Technology Assessment	https://www.eunethta.eu/	0	16.01.2023
NIPH – Norwegian Institute of Public Health	https://www.fhi.no/en/qk/HTA/	1	16.01.2023
SBU – Swedish Council on Health Technology Assessment	https://www.sbu.se/en/publications/	1	www.nice.org.uk/
MTV, NKR, kliniske retningslinjer, vejledninger, rapporter mv. (DK)	https://bibliotek.dk/	3	16.01.2023
I alt		19 (25)	

Søgeord:

Engelsk: Internet-based cognitive behavioural therapy, Internet-delivered cognitive behavioural therapy, internet therapy (therapist supported), iCBT, Guided online therapy, computerised cognitive behavioural therapy, depression

Svensk: Internetbaserade KBT-behandling (kognitiv beteendeterapi), depression
Norsk: Terapeutveiledet internettbehandling, depresjon
Dansk: Internetbaseret terapi, internetbehandling, guided online terapi, depression

Resultater

INATHA – International HTA Database

<u>Year</u>	<u>Source</u>	<u>Title</u>
2019	Canadian Agency for Drugs and Technologies in Health (CADTH)	<u>Internet-delivered cognitive behavioural therapy for major depressive disorder and anxiety disorders: a health technology assessment</u>
2019	Health Quality Ontario (HQO)	<u>Internet-Delivered Cognitive Behavioural Therapy for Major Depression and Anxiety Disorders: A Health Technology Assessment</u>
2018	Norwegian Institute of Public Health (NIPH)	<u>Therapist-supported internet therapy for mental disorders – a health technology assessment</u>
2009	Adelaide Health Technology Assessment (AHTA)	<u>Internet delivered cognitive behavioural therapy for patients with depression</u>

NICE – National Institute for Health and Care Excellence

Depression in adults: treatment and management (NG22)

This guideline covers identifying, treating and managing depression in people aged 18 and over. It recommends treatments for first episodes of depression and further-line treatments, and provides advice on preventing relapse, and managing chronic depression, psychotic depression and depression with a coexisting diagnosis of personality disorder.

NICE guideline

Published 29 June 2022

Digital therapies assessed and accepted by the Improving Access to Psychological Therapies Programme (IAPT) (IAPT assessment briefings)

Be Mindful for adults with depression

SHADE for adults with depression and drug or alcohol misuse

Space from Depression for adults with depression

Deprexis for adults with depression

[The Wellbeing Course for adults with depression](#)

[Minddistrict for adults with depression](#)

CRD – Centre for Reviews and Dissemination

2016	HTA	NIHR Health Technology Assessment programme	<u>The second Randomised Evaluation of the Effectiveness, cost-effectiveness and Acceptability of Computerised Therapy (REEACT-2) trial: does the provision of telephone support enhance the effectiveness of computer-delivered cognitive behaviour therapy? A randomised controlled trial</u>
2015	HTA	NIHR Health Technology Assessment programme	<u>A randomised controlled trial of computerised cognitive behaviour therapy for the treatment of depression in primary care: the Randomised Evaluation of the Effectiveness and Acceptability of Computerised Therapy (REEACT) trial</u>

CADTH – Canadian Agency for Drugs and Technologies in Health

[Internet-Delivered Cognitive Behavioural Therapy for Major Depressive Disorder and Anxiety Disorders: A Health Technology Assessment](#) (Last Updated: **Jul 22, 2019**)

Major depressive disorder (MDD) is the occurrence of one or more major depressive episodes that last at least two weeks. Anxiety disorders include a range of conditions, including generalized anxiety...

Project Line: Health Technology Review

[Psychotherapy and Pharmacotherapy for Major Depressive Disorder and Generalized Anxiety Disorder: A Rapid Qualitative Review](#) (Last Updated: **Jun 4, 2019**)

Project Line: Health Technology Review

[Internet-Delivered Cognitive Behavioural Therapy for Major Depressive Disorder and Anxiety Disorders: An Environmental Scan](#) (Last Updated: **Sep 21, 2018**)

CADTH is conducting an Environmental Scan to better understand the breadth of Internet-delivered cognitive behavioural therapy (iCBT) programs offered across Canada and to identify facilitators and...

Project Line: Health Technology Review

[Internet-Delivered Cognitive Behavioural Therapy for Major Depression and Anxiety Disorders: A Review of Clinical Effectiveness](#) (Last Updated: **Sep 5, 2018**)

Project Line: Health Technology Review

[e-Therapy Interventions for the Treatments of Patients with Depression: A Review of Clinical Effectiveness](#) (Last Updated: **May 18, 2018**)

Project Line: Health Technology Review

Adapted or Tailored Psychological Interventions for Treating Women with Mental Illness: A Review of Clinical Effectiveness and Guidelines (Last Updated: **Oct 5, 2017**)

Project Line: Health Technology Review

Telehealth Services for the Treatment of Psychiatric Issues: Clinical Effectiveness, Safety, And Guidelines (Last Updated: **Jan 15, 2015**)

Project Line: Health Technology Review

Norwegian Institute of Public Health (NIPH)

Terapeutveiledet internettbehandling ved psykiske lidelser – en fullstendig metodevurdering

Folkehelseinstituttet fikk i oppdrag fra Bestillerforum RHF å utarbeide en fullstendig metodevurdering om bruken av veiledet internettbehandling ved psykiske lidelser (eMeistring). Bestillerforum RHF ba om ett samlet produkt i to deler; effekt av tiltaket og en budsjettkonsekvensanalyse. Publisert 12.12.2018

Swedish Council on Health Technology Assessment (SBU)

KBT via chatt vid depression och ångest

Vilken sammanställd forskning finns om effekter av KBT förmedlad genom textbaserad dialog (chatt) som terapi vid depression eller ångest? SBU:s upplysningstjänst presenterar resultatet från en litteratursökning efter systematiska översikter. Publicerad: 2021-04-22 Publikationstyp: [SBU:s upplysningstjänst](#)

Danmark – kliniske retningslinjer, vejledninger, rapporter mv.

Computerbaseret terapi til angst og depression – en kommenteret udenlandsk medicinsk teknologivurdering © Sundhedsstyrelsen, Monitorering & Medicinsk Teknologivurdering, 2008

Evaluering af internetbehandling til patienter med depression, DEFACTUM, 2020

Psykologstøttet internetpsykiatrisk behandling af let til moderat depression – Evaluering af demonstrationsprojekt i Region Syddanmark, KORA, 2016

2

Bilag til klinisk effekt og sikkerhed

2.1 Databaser og resultater

Tabel 1 – Søgeresultater undersøgelsesspørgsmål 1

Database	Interface	SR	RCT	Dato
PubMed	PubMed.gov	314	1513	02.03.2023
Embase	Embase.com	364	1421	02.03.2023
Cochrane Library	Wiley	13	2219	02.03.2023
PsycINFO	APA	175	493	02.03.2023
CINAHL with Full Text	EBSCO	194	498	02.03.2023
I alt		1060	6144	
÷ Dubletter vha. EndNote		613	3216	

Tabel 2 – Søgeresultater for effektmålene funktionsniveau og selvmordsadfærd

Database	Interface	RCT	Dato
PubMed	PubMed.gov	192	12.04.2023
Embase	Embase.com	284	12.04.2023
Cochrane Library	Wiley	406	12.04.2023
PsycINFO	APA	0	12.04.2023
CINAHL with Full Text	EBSCO	63	13.04.2023
I alt		945	
÷ Dubletter vha. EndNote		573	

2.2 Søgestreg

PubMed

Search	Query	Results
#37	Search: (((((((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*" [Text Word] OR "cognitive behavior therap*" [Text Word] OR "cognitive behaviour therap*" [Text Word] OR "cognitive behavioral therap*" [Text Word] OR "cognitive behavioural therap*" [Text Word] OR "CBT"[Text Word])) AND (("Internet"[Mesh]) OR ("internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word]))) OR ("internet therap*" [Text Word] OR "online therap*" [Text Word] OR "iCBT"[Text Word] OR "internet based therap*" [Text Word] OR "web based therap*" [Text Word] OR ("webbased"[Text Word] AND "therap*" [Text Word]) OR "internet delivered therap*" [Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word])) OR ("Therapy, Computer-Assisted"[Mesh:NoExp])) AND (("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms] OR (depressi*[Text Word]))) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title])) NOT ("Adolescent"[MeSH Terms] NOT "Adult"[MeSH Terms])) AND (("2012/01/01"[Date - Publication] : "2023/12/31"[Date - Publication])) AND (Danish[Language] OR English[Language] OR Norwegian[Language] OR Swedish[Language])) AND ("Systematic Review"[Publication Type] OR "Systematic Reviews as Topic"[Mesh] OR systematic[sb] OR "Meta-Analysis as Topic"[Mesh] OR "Meta-Analysis" [Publication Type] OR metaanalys*[Title/Abstract] OR meta-analys*[Title/Abstract]) Sort by: Publication Date	314
#36	Search: (((((((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*" [Text Word] OR "cognitive behavior therap*" [Text Word] OR "cognitive behaviour therap*" [Text Word] OR "cognitive behavioral therap*" [Text Word] OR "cognitive behavioural therap*" [Text Word] OR "CBT"[Text Word])) AND (("Internet"[Mesh]) OR ("internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word]))) OR ("internet therap*" [Text Word] OR "online therap*" [Text Word] OR "iCBT"[Text Word] OR "internet based therap*" [Text Word] OR "web based therap*" [Text Word] OR ("webbased"[Text Word] AND "therap*" [Text Word]) OR "internet delivered therap*" [Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word])) OR ("Therapy, Computer-Assisted"[Mesh:NoExp])) AND (("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms] OR (depressi*[Text Word]))) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title])) AND (((("Controlled Clinical Trial"[Publication Type] OR	1,513

	"Controlled Clinical Trials as Topic"[Mesh])) OR (((random*[Text Word] OR controlled[Text Word] OR crossover[Text Word] OR cross-over[Text Word] OR blind*[Text Word] OR mask*[Text Word])) AND (trial[Text Word] OR trials[Text Word] OR study[Text Word] OR studies[Text Word] OR analys*[Text Word] OR analyz*[Text Word])) OR rct[Text Word]) OR (((singl*[Text Word] OR doubl*[Text Word] OR tripl*[Text Word])) AND (blind[Text Word] OR mask[Text Word])) OR placebo[Text Word])) NOT ("Adolescent"[MeSH Terms] NOT "Adult"[MeSH Terms])) AND (("2012/01/01"[Date - Publication] : "2023/12/31"[Date - Publication])) AND (Danish[Language] OR English[Language] OR Norwegian[Language] OR Swedish[Language])) NOT ("Systematic Review"[Publication Type] OR "Systematic Reviews as Topic"[Mesh] OR systematic[sb] OR "Meta-Analysis as Topic"[Mesh] OR "Meta-Analysis" [Publication Type] OR metaanalys*[Title/Abstract] OR meta-analys*[Title/Abstract]) Sort by: Publication Date	
#35	Search: "Systematic Review"[Publication Type] OR "Systematic Reviews as Topic"[Mesh] OR systematic[sb] OR "Meta-Analysis as Topic"[Mesh] OR "Meta-Analysis" [Publication Type] OR metaanalys*[Title/Abstract] OR meta-analys*[Title/Abstract] Sort by: Publication Date	<u>420,847</u>
#34	Search: (((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*[Text Word] OR "cognitive behavior therap*[Text Word] OR "cognitive behaviour therap*[Text Word] OR "cognitive behavioral therap*[Text Word] OR "cognitive behavioural therap*[Text Word] OR "CBT"[Text Word])) AND (("Internet"[Mesh]) OR ("internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word])))) OR ("internet therap*[Text Word] OR "online therap*[Text Word] OR "iCBT"[Text Word] OR "internet based therap*[Text Word] OR "web based therap*[Text Word] OR ("webbased"[Text Word] AND "therap*[Text Word]) OR "internet delivered therap*[Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word])) OR ("Therapy, Computer-Assisted"[Mesh:NoExp])) AND (("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms]) OR (depressi*[Text Word])) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title])) AND (((("Controlled Clinical Trial"[Publication Type] OR "Controlled Clinical Trials as Topic"[Mesh])) OR (((random*[Text Word] OR controlled[Text Word] OR crossover[Text Word] OR cross-over[Text Word] OR blind*[Text Word] OR mask*[Text Word])) AND (trial[Text Word] OR trials[Text Word] OR study[Text Word] OR studies[Text Word] OR analys*[Text Word] OR analyz*[Text Word])) OR rct[Text Word]) OR (((singl*[Text Word] OR doubl*[Text Word] OR tripl*[Text Word])) AND (blind[Text Word] OR mask[Text Word])) OR placebo[Text Word])) NOT ("Adolescent"[MeSH Terms] NOT "Adult"[MeSH Terms])) AND (("2012/01/01"[Date - Publication] : "2023/12/31"[Date - Publication])) AND (Danish[Language] OR English[Language] OR Norwegian[Language] OR Swedish[Language]) Sort by: Publication Date	1,736

#33	Search: Danish[Language] OR English[Language] OR Norwegian[Language] OR Swedish[Language] Sort by: Publication Date	<u>30,693,661</u>
#32	Search: ("2012/01/01"[Date - Publication] : "2023/12/31"[Date - Publication]) Sort by: Publication Date	<u>13,675,164</u>
#31	Search: (((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*"[Text Word] OR "cognitive behavior therap*"[Text Word] OR "cognitive behaviour therap*"[Text Word] OR "cognitive behavioral therap*"[Text Word] OR "cognitive behavioural therap*"[Text Word] OR "CBT"[Text Word])) AND (("Internet"[Mesh]) OR ("internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word]))) OR ("internet therap*"[Text Word] OR "online therap*"[Text Word] OR "iCBT"[Text Word] OR "internet based therap*"[Text Word] OR "web based therap*"[Text Word] OR ("webbased"[Text Word] AND "therap*"[Text Word]) OR "internet delivered therap*"[Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word])) OR ("Therapy, Computer-Assisted"[Mesh:NoExp])) AND ((("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms]) OR (depressi*[Text Word]))) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title])) AND (((("Controlled Clinical Trial"[Publication Type] OR "Controlled Clinical Trials as Topic"[Mesh])) OR ((random*[Text Word] OR controlled[Text Word] OR crossover[Text Word] OR cross-over[Text Word] OR blind*[Text Word] OR mask*[Text Word])) AND (trial[Text Word] OR trials[Text Word] OR study[Text Word] OR studies[Text Word] OR analys*[Text Word] OR analyz*[Text Word]))) OR rct[Text Word]) OR (((singl*[Text Word] OR doubl*[Text Word] OR tripl*[Text Word])) AND (blind[Text Word] OR mask[Text Word]))) OR placebo[Text Word])) NOT ("Adolescent"[MeSH Terms] NOT "Adult"[MeSH Terms]) Sort by: Publication Date	1,965
#30	Search: "Adolescent"[MeSH Terms] NOT "Adult"[MeSH Terms] Sort by: Publication Date	<u>678,438</u>
#29	Search: (((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*"[Text Word] OR "cognitive behavior therap*"[Text Word] OR "cognitive behaviour therap*"[Text Word] OR "cognitive behavioral therap*"[Text Word] OR "cognitive behavioural therap*"[Text Word] OR "CBT"[Text Word])) AND (("Internet"[Mesh]) OR ("internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word]))) OR ("internet therap*"[Text Word] OR "online therap*"[Text Word] OR "iCBT"[Text Word] OR "internet based therap*"[Text Word] OR "web based therap*"[Text Word] OR ("webbased"[Text Word] AND "therap*"[Text Word]) OR "internet delivered therap*"[Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word])) OR ("Therapy, Computer-Assisted"[Mesh:NoExp])) AND ((("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms]) OR (depressi*[Text Word]))) NOT (PTSD[Title] OR post-traumatic*[Title] OR	2,063

	<p>posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title]) AND (((("Controlled Clinical Trial"[Publication Type] OR "Controlled Clinical Trials as Topic"[Mesh])) OR (((random*[Text Word] OR controlled[Text Word] OR crossover[Text Word] OR cross-over[Text Word] OR blind*[Text Word] OR mask*[Text Word])) AND (trial[Text Word] OR trials[Text Word] OR study[Text Word] OR studies[Text Word] OR analys*[Text Word] OR analyz*[Text Word]))) OR rct[Text Word]) OR (((singl*[Text Word] OR doubl*[Text Word] OR tripl*[Text Word])) AND (blind[Text Word] OR mask[Text Word]))) OR placebo[Text Word]) Sort by: Publication Date</p>	
#28	<p>Search: (((("Controlled Clinical Trial"[Publication Type] OR "Controlled Clinical Trials as Topic"[Mesh])) OR (((random*[Text Word] OR controlled[Text Word] OR crossover[Text Word] OR cross-over[Text Word] OR blind*[Text Word] OR mask*[Text Word])) AND (trial[Text Word] OR trials[Text Word] OR study[Text Word] OR studies[Text Word] OR analys*[Text Word] OR analyz*[Text Word]))) OR rct[Text Word]) OR (((singl*[Text Word] OR doubl*[Text Word] OR tripl*[Text Word])) AND (blind[Text Word] OR mask[Text Word]))) OR placebo[Text Word]) Sort by: Publication Date</p>	<u>2,131,529</u>
#27	<p>Search: ((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*[Text Word] OR "cognitive behavior therap*[Text Word] OR "cognitive behaviour therap*[Text Word] OR "cognitive behavioral therap*[Text Word] OR "cognitive behavioural therap*[Text Word] OR "CBT"[Text Word])) AND (("Internet"[Mesh]) OR ("internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word]))) OR ("internet therap*[Text Word] OR "online therap*[Text Word] OR "iCBT"[Text Word] OR "internet based therap*[Text Word] OR "web based therap*[Text Word] OR ("webbased"[Text Word] AND "therap*[Text Word]) OR "internet delivered therap*[Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word])) OR ("Therapy, Computer-Assisted"[Mesh:NoExp])) AND ((("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms]) OR (depressi*[Text Word]))) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title]) Sort by: Publication Date</p>	3,242
#26	<p>Search: PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title] Sort by: Publication Date</p>	541,428
#25	<p>Search: ((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*[Text Word] OR "cognitive behavior therap*[Text Word] OR "cognitive behaviour therap*[Text Word] OR "cognitive behavioral therap*[Text Word] OR "cognitive behavioural therap*[Text Word] OR "CBT"[Text Word])) AND (("Internet"[Mesh]) OR ("internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word]</p>	<u>3,518</u>

	OR "online"[Text Word])) OR ("internet therap*"[Text Word] OR "online therap*"[Text Word] OR "iCBT"[Text Word] OR "internet based therap*"[Text Word] OR "web based therap*"[Text Word] OR ("webbased"[Text Word] AND "therap*"[Text Word]) OR "internet delivered therap*"[Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word])) OR ("Therapy, Computer-Assisted"[Mesh:NoExp])) AND (("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms]) OR (depressi*[Text Word])) Sort by: Publication Date	
#24	Search: ("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms]) OR (depressi*[Text Word]) Sort by: Publication Date	<u>551,648</u>
#23	Search: depressi*[Text Word] Sort by: Publication Date	<u>550,875</u>
#22	Search: "Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms] Sort by: Publication Date	<u>252,364</u>
#21	Search: (((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*"[Text Word] OR "cognitive behavior therap*"[Text Word] OR "cognitive behaviour therap*"[Text Word] OR "cognitive behavioral therap*"[Text Word] OR "cognitive behavioural therap*"[Text Word] OR "CBT"[Text Word])) AND (("Internet"[Mesh]) OR ("internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word])))) OR ("internet therap*"[Text Word] OR "online therap*"[Text Word] OR "iCBT"[Text Word] OR "internet based therap*"[Text Word] OR "web based therap*"[Text Word] OR ("webbased"[Text Word] AND "therap*"[Text Word]) OR "internet delivered therap*"[Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word])) OR ("Therapy, Computer-Assisted"[Mesh:NoExp]) Sort by: Publication Date	<u>20,465</u>
#20	Search: "Therapy, Computer-Assisted"[Mesh:NoExp] Sort by: Publication Date	<u>6,968</u>
#19	Search: guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word] Sort by: Publication Date	<u>819</u>
#8	Search: "internet therap*"[Text Word] OR "online therap*"[Text Word] OR "iCBT"[Text Word] OR "internet based therap*"[Text Word] OR "web based therap*"[Text Word] OR ("webbased"[Text Word] AND "therap*"[Text Word]) OR "internet delivered therap*"[Text Word] Sort by: Publication Date	<u>10,367</u>
#7	Search: (("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*"[Text Word] OR "cognitive behavior therap*"[Text Word] OR "cognitive behaviour therap*"[Text Word] OR "cognitive behavioral therap*"[Text Word] OR "cognitive behavioural therap*"[Text Word] OR "CBT"[Text Word])) AND (("Internet"[Mesh]) OR ("internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text	<u>4,965</u>

	Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word])) Sort by: Publication Date	
#6	Search: ("Internet"[Mesh]) OR ("internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word]) Sort by: Publication Date	<u>431,540</u>
#5	Search: "internet based"[Text Word] OR "web-based"[Text Word] OR "web-based"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word] Sort by: Publication Date	<u>375,844</u>
#4	Search: "Internet"[Mesh] Sort by: Most Recent	<u>95,876</u>
#3	Search: ("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*"[Text Word] OR "cognitive behavior therap*"[Text Word] OR "cognitive behaviour therap*"[Text Word] OR "cognitive behavioral therap*"[Text Word] OR "cognitive behavioural therap*"[Text Word] OR "CBT"[Text Word]) Sort by: Publication Date	<u>48,984</u>
#2	Search: "cognitive therap*"[Text Word] OR "cognitive behavior therap*"[Text Word] OR "cognitive behaviour therap*"[Text Word] OR "cognitive behavioral therap*"[Text Word] OR "cognitive behavioural therap*"[Text Word] OR "CBT"[Text Word] Sort by: Publication Date	<u>43,355</u>
#1	Search: "Cognitive Behavioral Therapy"[Mesh] Sort by: Most Recent	<u>35,715</u>

Embase

No.	Query	Results
#29	#28 NOT #24	1421
#28	#27 NOT ('meta analysis'/de OR 'meta analysis topic'/de OR 'systematic review'/de OR 'systematic review topic'/de OR 'review'/it)	1721
#27	#20 AND #26	2041
#26	'randomized controlled trial'/exp OR 'controlled clinical trial'/exp OR (((random* OR controlled* OR crossover OR 'cross over' OR blind* OR mask*) NEAR/3 (trial* OR study OR studies OR analy*)):ti,ab,de) OR rct:ti,ab,de OR (((single OR double OR triple) NEAR/2 (blind* OR mask*)):ti,ab,de) OR placebo:ti,ab,de	10295026
#25	#23 NOT #24	364
#24	'conference abstract'/it OR 'conference paper'/it	5467678

#23	#22 AND ('meta analysis'/de OR 'meta analysis topic'/de OR 'systematic review'/de OR 'systematic review topic'/de OR 'review'/it)	415
#22	#20 AND #21	630
#21	'systematic review'/exp OR 'meta analysis'/exp OR 'meta analy*':ti,ab,de OR 'meta-analy*':ti,ab,de OR metaanaly*':ti,ab,de OR (((systematic OR method*) NEAR/3 (review* OR overview* OR study OR studies OR search* OR approach*)):ti,ab,de)	1857824
#20	#18 NOT #19	2902
#19	'juvenile'/exp NOT 'adult'/exp	2753832
#18	#15 NOT #16 AND ([danish]/lim OR [english]/lim OR [norwegian]/lim OR [swedish]/lim) AND [2012-2023]/py	3118
#17	#15 NOT #16	3598
#16	ptsd:ti OR 'post traumatic*':ti OR posttraumatic*':ti OR pain*':ti OR eating:ti OR anore*':ti OR bulimi*':ti OR dementia*':ti OR alzheimer*':ti OR autis*':ti OR abuse*':ti	730877
#15	#11 AND #14	3913
#14	#12 OR #13	867766
#13	depressi*':ti,ab,kw	657648
#12	'depression'/exp	618219
#11	#1 OR #2 OR #3 OR #10	18722
#10	#6 AND #9	5507
#9	#7 OR #8	559452
#8	'internet based':ti,ab,kw OR 'web-based':ti,ab,kw OR webbased:ti,ab,kw OR computeri?ed:ti,ab,kw OR 'internet-delivered':ti,ab,kw OR online:ti,ab,kw	477062
#7	'internet'/exp	126005
#6	#4 OR #5	57790
#5	((cognitive NEAR/2 therap*):ti,ab,kw) OR cbt:ti,ab,kw	46601
#4	'cognitive behavioral therapy'/exp	25025
#3	'computer assisted therapy'/de	4817
#2	'internet therap*':ti,ab,kw OR 'online therap*':ti,ab,kw OR icbt:ti,ab,kw OR 'internet based therap*':ti,ab,kw OR 'web based therap*':ti,ab,kw OR	10328

	(webbased:ti,ab,kw AND therap*:ti,ab,kw) OR 'internet delivered therap*:ti,ab,kw OR 'guided self-help':ti,ab,kw OR 'online self-help':ti,ab,kw OR 'self-guided online':ti,ab,kw	
#1	'internet based cognitive behavioral therapy'/exp OR 'internet based cognitive behavior therapy'/exp OR 'telepsychotherapy'/de	332

Cochrane Library

ID	Search	Hits
#1	MeSH descriptor: [Cognitive Behavioral Therapy] explode all trees	11993
#2	((cognitive NEAR/2 therap*) OR CBT):ti,ab,kw	26110
#3	#1 OR #2	27669
#4	MeSH descriptor: [Internet] explode all trees	5663
#5	("internet based" OR "web-based" OR webbased OR computeri?ed OR "internet-delivered" OR online):ti,ab,kw	41842
#6	#4 OR #5	42970
#7	#3 AND #6	4345
#8	("internet therapy" OR "online therapy" OR icbt OR "internet based therapy" OR "web based therapy" OR "webbased therapy" OR "internet delivered therapy" OR "guided self-help" OR "online self-help" OR "self-guided online"):ti,ab,kw (Word variations have been searched)	1691
#9	MeSH descriptor: [Therapy, Computer-Assisted] this term only	1476
#10	{OR #7-#9}	6157
#11	MeSH descriptor: [Depressive Disorder] explode all trees	14958
#12	MeSH descriptor: [Depression] explode all trees	16000
#13	(depressi*):ti,ab,kw	99516
#14	{OR #11-#13}	99593
#15	#10 AND #14	2884
#16	(ptsd OR "post traumatic" OR posttraumatic OR pain* OR eating OR anore* OR bulimi* OR dementia* OR alzheimer* OR autis* OR abuse*):ti	103042
#17	#15 NOT #16	2609

#18	MeSH descriptor: [Adolescent] explode all trees	121545
#19	MeSH descriptor: [Child] explode all trees	70846
#20	MeSH descriptor: [Adult] explode all trees	541581
#21	(#18 OR #19) NOT #20	58097
#22	#17 NOT #21 with Publication Year from 2012 to 2023, in Trials	2219
#23	#17 NOT #21 with Cochrane Library publication date Between Jan 2012 and Dec 2023, in Cochrane Reviews	13

PsycINFO

#	Query	Results
#6	<pre> (((((((IndexTermsFilt: ("Online Therapy")) OR ((IndexTermsFilt: ("Digital Interventions")) OR ((IndexTermsFilt: ("Computer Assisted Therapy")))) OR (((title: ("internet therap*")) OR ((title: ("online therap*")) OR ((title: (icbt))) OR ((title: ("internet based therap*")) OR ((title: ("web based therap*")) OR ((title: ("webbased therap*")) OR ((title: ("internet delivered therap*")) OR ((title: ("guided self-help")) OR ((title: ("online self-help")) OR ((title: ("self-guided online")))) OR (((abstract: ("internet therap*")) OR ((abstract: ("online therap*")) OR ((abstract: (icbt)) OR ((abstract: ("internet based therap*")) OR ((abstract: ("web based therap*")) OR ((abstract: ("webbased therap*")) OR ((abstract: ("internet delivered therap*")) OR ((abstract: ("guided self-help")) OR ((abstract: ("online self-help")) OR ((abstract: ("self-guided online")))) OR (((Keywords: ("internet therap*")) OR ((Keywords: ("online therap*")) OR ((Keywords: (icbt)) OR ((Keywords: ("internet based therap*")) OR ((Keywords: ("web based therap*")) OR ((Keywords: ("webbased therap*")) OR ((Keywords: ("internet delivered therap*")) OR ((Keywords: ("guided self-help")) OR ((Keywords: ("online self-help")) OR ((Keywords: ("self-guided online")))) OR (((title: ("internet based")) OR ((title: ("web-based")) OR ((title: (webbased))) OR (((title: (computerized))) OR ((title: (computerised))) OR (((title: ("internet-delivered")) OR ((title: (online)))) OR (((abstract: ("internet based")) OR ((abstract: ("web-based")) OR ((abstract: (webbased))) OR ((abstract: (computerized))) OR ((abstract: (computerised))) OR (((abstract: ("internet-delivered")) OR ((abstract: (online)))) OR (((Keywords: ("internet based")) OR ((Keywords: ("web-based")) OR ((Keywords: (webbased))) OR ((Keywords: (computerized))) OR ((Keywords: (computerised))) OR (((Keywords: ("internet-delivered")) OR ((Keywords: (online))))) AND ((((((IndexTermsFilt: ("Cognitive Behavior Therapy")))) OR (((IndexTermsFilt: ("Acceptance and Commitment Therapy")))) OR (((IndexTermsFilt: ("Cognitive Processing Therapy")))) OR (((IndexTermsFilt: ("Prolonged Exposure Therapy")))) OR (((title: (cognitive NEAR/2 therap*)))) OR (((title: (cbt)))) OR (((abstract: (cognitive NEAR/2 therap*)))) OR (((abstract: (cbt)))) OR (((Keywords: </pre>	493



	<p>(cognitive NEAR/2 therap*)))))) OR ((((Keywords: (cbt)))))) AND (((title: (depressi*)) OR ((abstract: (depressi*)) OR ((Keywords: (depressi*)) OR ((IndexTermsFilt: ("Major Depression")) OR (IndexTermsFilt: ("Anaclitic Depression")) OR (IndexTermsFilt: ("Dysthymic Disorder")) OR (IndexTermsFilt: ("Endogenous Depression")) OR (IndexTermsFilt: ("Late Life Depression")) OR (IndexTermsFilt: ("Postpartum Depression")) OR (IndexTermsFilt: ("Reactive Depression")) OR (IndexTermsFilt: ("Recurrent Depression")) OR (IndexTermsFilt: ("Treatment Resistant Depression")) OR (IndexTermsFilt: ("Depression (Emotion)")))) NOT ((title: (ptsd) OR title: ("post traumatic*") OR title: (posttraumatic*) OR title: (pain*) OR title: (eating) OR title: (anore*) OR title: (bulimi*) OR title: (dementia*) OR title: (alzheimer*) OR title: (autis*) OR title: (abuse*))) AND Methodology: Clinical Trial AND Peer-Reviewed Journals only AND Year: 2012 To 2023</p> <p><i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i></p>	
#5	<p>(((((IndexTermsFilt: ("Online Therapy")) OR ((IndexTermsFilt: ("Digital Interventions")) OR ((IndexTermsFilt: ("Computer Assisted Therapy")))) OR (((title: ("internet therap*")) OR ((title: ("online therap*")) OR ((title: (icbt)) OR ((title: ("internet based therap*")) OR ((title: ("web based therap*")) OR ((title: ("webbased therap*")) OR ((title: ("internet delivered therap*")) OR ((title: ("guided self-help")) OR ((title: ("online self-help")) OR ((title: ("self-guided online")))) OR ((abstract: ("internet therap*")) OR ((abstract: ("online therap*")) OR ((abstract: (icbt)) OR ((abstract: ("internet based therap*")) OR ((abstract: ("web based therap*")) OR ((abstract: ("webbased therap*")) OR ((abstract: ("internet delivered therap*")) OR ((abstract: ("guided self-help")) OR ((abstract: ("online self-help")) OR ((abstract: ("self-guided online")))) OR ((Keywords: ("internet therap*")) OR ((Keywords: ("online therap*")) OR ((Keywords: (icbt)) OR ((Keywords: ("internet based therap*")) OR ((Keywords: ("web based therap*")) OR ((Keywords: ("webbased therap*")) OR ((Keywords: ("internet delivered therap*")) OR ((Keywords: ("guided self-help")) OR ((Keywords: ("online self-help")) OR ((Keywords: ("self-guided online")))) OR (((title: ("internet based")) OR ((title: ("web-based")) OR ((title: (webbased))) OR ((title: (computerized))) OR ((title: (computerised))) OR ((title: ("internet-delivered"))) OR ((title: (online))) OR (((abstract: ("internet based"))) OR (((abstract: ("web-based")) OR ((abstract: (webbased))) OR (((abstract: (computerized))) OR ((abstract: (computerised))) OR (((abstract: ("internet-delivered"))) OR (((abstract: (online)))) OR (((Keywords: ("internet based")) OR ((Keywords: ("web-based")) OR ((Keywords: (webbased))) OR ((Keywords: (computerized))) OR ((Keywords: (computerised))) OR ((Keywords: ("internet-delivered"))) OR ((Keywords: (online)))) AND ((((IndexTermsFilt: ("Cognitive Behavior Therapy")) OR ((IndexTermsFilt: ("Acceptance and Commitment Therapy")))) OR ((IndexTermsFilt: ("Cognitive Processing Therapy")))) OR (((IndexTermsFilt: ("Prolonged Exposure Therapy")))) OR (((title: (cognitive NEAR/2 therap*)))) OR (((title: (cbt)))) OR (((abstract: (cognitive NEAR/2 therap*)))) OR (((abstract: (cbt)))) OR ((((Keywords: (cognitive NEAR/2 therap*)))) OR (((Keywords: (cbt)))))) AND ((title:</p>	175



	<p>(depressi*)) OR ((abstract: (depressi*)) OR ((Keywords: (depressi*)) OR ((IndexTermsFilt: ("Major Depression")) OR (IndexTermsFilt: ("Anaclitic Depression")) OR (IndexTermsFilt: ("Dysthymic Disorder")) OR (IndexTermsFilt: ("Endogenous Depression")) OR (IndexTermsFilt: ("Late Life Depression")) OR (IndexTermsFilt: ("Postpartum Depression")) OR (IndexTermsFilt: ("Reactive Depression")) OR (IndexTermsFilt: ("Recurrent Depression")) OR (IndexTermsFilt: ("Treatment Resistant Depression")) OR (IndexTermsFilt: ("Depression (Emotion)")))) NOT ((title: (ptsd) OR title: ("post traumatic*") OR title: (posttraumatic*) OR title: (pain*) OR title: (eating) OR title: (anore*) OR title: (bulimi*) OR title: (dementia*) OR title: (alzheimer*) OR title: (autis*) OR title: (abuse*)) AND Methodology: Systematic Review OR Meta Analysis OR Metasynthesis AND Peer-Reviewed Journals only AND Year: 2012 To 2023</p> <p><i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i></p>	
#4	<p>((((((IndexTermsFilt: ("Online Therapy")) OR ((IndexTermsFilt: ("Digital Interventions")) OR ((IndexTermsFilt: ("Computer Assisted Therapy")))) OR (((title: ("internet therap*")) OR ((title: ("online therap*")) OR ((title: (icbt)) OR ((title: ("internet based therap*")) OR ((title: ("web based therap*")) OR ((title: ("webbased therap*")) OR ((title: ("internet delivered therap*")) OR ((title: ("guided self-help")) OR ((title: ("online self-help")) OR ((title: ("self-guided online")))) OR (((abstract: ("internet therap*")) OR ((abstract: ("online therap*")) OR ((abstract: (icbt)) OR ((abstract: ("internet based therap*")) OR ((abstract: ("web based therap*")) OR ((abstract: ("webbased therap*")) OR ((abstract: ("internet delivered therap*")) OR ((abstract: ("guided self-help")) OR ((abstract: ("online self-help")) OR ((abstract: ("self-guided online")))) OR (((Keywords: ("internet therap*")) OR ((Keywords: ("online therap*")) OR ((Keywords: (icbt)) OR ((Keywords: ("internet based therap*")) OR ((Keywords: ("web based therap*")) OR ((Keywords: ("webbased therap*")) OR ((Keywords: ("internet delivered therap*")) OR ((Keywords: ("guided self-help")) OR ((Keywords: ("online self-help")) OR ((Keywords: ("self-guided online")))) OR (((((title: ("internet based")) OR (((title: ("web-based")) OR (((title: (webbased)) OR (((title: (computerized)) OR (((title: (computerised)) OR (((title: ("internet-delivered")) OR (((title: (online)) OR (((abstract: ("internet based")) OR (((abstract: ("web-based")) OR (((abstract: (webbased)) OR (((abstract: (computerized)) OR (((abstract: (computerised)) OR (((abstract: ("internet-delivered")) OR (((abstract: (online)) OR (((Keywords: ("internet based")) OR (((Keywords: ("web-based")) OR (((Keywords: (webbased)) OR (((Keywords: (computerized)) OR (((Keywords: (computerised)) OR (((Keywords: ("internet-delivered")) OR (((Keywords: (online))))) AND (((((IndexTermsFilt: ("Cognitive Behavior Therapy")) OR (((IndexTermsFilt: ("Acceptance and Commitment Therapy")))) OR (((IndexTermsFilt: ("Cognitive Processing Therapy")))) OR (((IndexTermsFilt: ("Prolonged Exposure Therapy")))) OR ((((title: (cognitive NEAR/2 therap*)))) OR ((((title: (cbt)))) OR ((((abstract: (cognitive NEAR/2 therap*)))) OR ((((abstract: (cbt)))) OR ((((Keywords: (cognitive NEAR/2 therap*)))) OR ((((Keywords: (cbt)))))) AND (((title:</p>	2303



	<p>(depressi*)) OR ((abstract: (depressi*)) OR ((Keywords: (depressi*)) OR ((IndexTermsFilt: ("Major Depression")) OR (IndexTermsFilt: ("Anaclitic Depression")) OR (IndexTermsFilt: ("Dysthymic Disorder")) OR (IndexTermsFilt: ("Endogenous Depression")) OR (IndexTermsFilt: ("Late Life Depression")) OR (IndexTermsFilt: ("Postpartum Depression")) OR (IndexTermsFilt: ("Reactive Depression")) OR (IndexTermsFilt: ("Recurrent Depression")) OR (IndexTermsFilt: ("Treatment Resistant Depression")) OR (IndexTermsFilt: ("Depression (Emotion)")))) NOT ((title: (ptsd) OR title: ("post traumatic*") OR title: (posttraumatic*) OR title: (pain*) OR title: (eating) OR title: (anore*) OR title: (bulimi*) OR title: (dementia*) OR title: (alzheimer*) OR title: (autis*) OR title: (abuse*)))</p> <p><i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i></p>	
#3	<p>(((IndexTermsFilt: ("Online Therapy")) OR (IndexTermsFilt: ("Digital Interventions")) OR (IndexTermsFilt: ("Computer Assisted Therapy")))) OR (((title: ("internet therap*")) OR (title: ("online therap*")) OR (title: (icbt)) OR (title: ("internet based therap*")) OR (title: ("web based therap*")) OR (title: ("webbased therap*")) OR (title: ("internet delivered therap*")) OR (title: ("guided self-help")) OR (title: ("online self-help")) OR (title: ("self-guided online")))) OR ((abstract: ("internet therap*")) OR (abstract: ("online therap*")) OR (abstract: (icbt)) OR (abstract: ("internet based therap*")) OR (abstract: ("web based therap*")) OR (abstract: ("webbased therap*")) OR (abstract: ("internet delivered therap*")) OR (abstract: ("guided self-help")) OR (abstract: ("online self-help")) OR (abstract: ("self-guided online")))) OR ((Keywords: ("internet therap*")) OR (Keywords: ("online therap*")) OR (Keywords: (icbt)) OR (Keywords: ("internet based therap*")) OR (Keywords: ("web based therap*")) OR (Keywords: ("webbased therap*")) OR (Keywords: ("internet delivered therap*")) OR (Keywords: ("guided self-help")) OR (Keywords: ("online self-help")) OR (Keywords: ("self-guided online")))) OR ((((title: ("internet based")) OR ((title: ("web-based")) OR ((title: (webbased))) OR ((title: (computerized))) OR ((title: (computerised))) OR ((title: ("internet-delivered"))) OR ((title: (online)))) OR ((abstract: ("internet based")) OR ((abstract: ("web-based")) OR ((abstract: (web-based))) OR ((abstract: (computerized))) OR ((abstract: (computerised))) OR ((abstract: ("internet-delivered"))) OR ((abstract: (online)))) OR (((Keywords: ("internet based")) OR ((Keywords: ("web-based")) OR ((Keywords: (webbased))) OR ((Keywords: (computerized))) OR ((Keywords: (computerised))) OR ((Keywords: ("internet-delivered"))) OR ((Keywords: (online)))))) AND ((((IndexTermsFilt: ("Cognitive Behavior Therapy")) OR ((IndexTermsFilt: ("Acceptance and Commitment Therapy")))) OR ((IndexTermsFilt: ("Cognitive Processing Therapy")))) OR ((IndexTermsFilt: ("Prolonged Exposure Therapy")))) OR (((title: (cognitive NEAR/2 therap*)))) OR ((title: (cbt)))) OR (((abstract: (cognitive NEAR/2 therap*)))) OR ((abstract: (cbt)))) OR (((Keywords: (cognitive NEAR/2 therap*)))) OR ((Keywords: (cbt)))))) AND ((title: (depressi*)) OR (abstract: (depressi*)) OR (Keywords: (depressi*)) OR (IndexTermsFilt: ("Major Depression") OR IndexTermsFilt: ("Anaclitic Depression") OR IndexTermsFilt: ("Dysthymic Disorder") OR IndexTermsFilt: ("Endogenous</p>	2483

	<p>Depression") OR IndexTermsFilt: ("Late Life Depression") OR IndexTermsFilt: ("Postpartum Depression") OR IndexTermsFilt: ("Reactive Depression") OR IndexTermsFilt: ("Recurrent Depression") OR IndexTermsFilt: ("Treatment Resistant Depression") OR IndexTermsFilt: ("Depression (Emotion)"))</p> <p><i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i></p>	
#2	<p>Title: depressi* OR Abstract: depressi* OR Keywords: depressi* OR Index Terms: {Major Depression} OR {Anaclitic Depression} OR {Dysthymic Disorder} OR {Endogenous Depression} OR {Late Life Depression} OR {Postpartum Depression} OR {Reactive Depression} OR {Recurrent Depression} OR {Treatment Resistant Depression} OR {Depression (Emotion)}</p> <p><i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i></p>	345810
#1	<p>((IndexTermsFilt: ("Online Therapy") OR IndexTermsFilt: ("Digital Interventions") OR IndexTermsFilt: ("Computer Assisted Therapy"))) OR ((title: ("internet therap*") OR title: ("online therap*") OR title: (icbt) OR title: ("internet based therap*") OR title: ("web based therap*") OR title: ("webbased therap*") OR title: ("internet delivered therap*") OR title: ("guided self-help") OR title: ("online self-help") OR title: ("self-guided online")) OR (abstract: ("internet therap*") OR abstract: ("online therap*") OR abstract: (icbt) OR abstract: ("internet based therap*") OR abstract: ("web based therap*") OR abstract: ("webbased therap*") OR abstract: ("internet delivered therap*") OR abstract: ("guided self-help") OR abstract: ("online self-help") OR abstract: ("self-guided online")) OR (Keywords: ("internet therap*") OR Keywords: ("online therap*") OR Keywords: (icbt) OR Keywords: ("internet based therap*") OR Keywords: ("web based therap*") OR Keywords: ("webbased therap*") OR Keywords: ("internet delivered therap*") OR Keywords: ("guided self-help") OR Keywords: ("online self-help") OR Keywords: ("self-guided online"))) OR (((title: ("internet based")) OR (title: ("web-based")) OR (title: (webbased)) OR (title: (computerized)) OR (title: (computerised)) OR (title: ("internet-delivered")) OR (title: (online))) OR ((abstract: ("internet based")) OR (abstract: ("web-based")) OR (abstract: (webbased)) OR (abstract: (computerized)) OR (abstract: (computerised)) OR (abstract: ("internet-delivered")) OR (abstract: (online))) OR ((Keywords: ("internet based")) OR (Keywords: ("web-based")) OR (Keywords: (webbased)) OR (Keywords: (computerized)) OR (Keywords: (computerised)) OR (Keywords: ("internet-delivered")) OR (Keywords: (online)))) AND ((((IndexTermsFilt: ("Cognitive Behavior Therapy")) OR ((IndexTermsFilt: ("Acceptance and Commitment Therapy"))) OR ((IndexTermsFilt: ("Cognitive Processing Therapy"))) OR ((IndexTermsFilt: ("Prolonged Exposure Therapy")))) OR (((title: (cognitive NEAR/2 therap*))) OR ((title: (cbt))) OR (((abstract: (cognitive NEAR/2 therap*))) OR ((abstract: (cbt))) OR (((Keywords: (cognitive NEAR/2 therap*))) OR ((Keywords: (cbt)))))</p>	8985



	Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy	
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CINAHL with Full Text

#	Query	Limiters/ Expander	Results
S25	s23 NOT s24		498
S24	TI Systematic Review* OR metaanaly* OR meta-analy*		138,874
S23	S19 AND S22		557
S22	PT Randomized Controlled Trial OR (TX (((random* or control#ed or crossover or cross-over or blind* or mask*) N3 (trial* or study or studies or analy*)) or rct)) OR (TX (placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) N1 (blind* or mask*)))		542,472
S21	S19 AND S20		194
S20	(PT (Systematic Review or Meta Analysis)) OR (TX (((systematic or method*) N3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*)) OR ((pooled N1 (data or analys*))) OR (AB (pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus))		685,970
S19	s16 NOT s17	Limiters - Published Date: 20120101-20231231; Language: Danish, English, Norwegian, Swedish	951
S18	s16 NOT s17		1,194
S17	((MH "Adolescence+") OR (MH "Child+")) NOT (MH "Adult+")		683,727
S16	s14 NOT s15		1,281

S15	Tl ptsd OR post traumatic* OR posttraumatic* OR pain* OR eating OR anore* OR bulimi* OR demen-tia* OR alzheimer* OR autis* OR abuse*		754,740
S14	S10 AND S13		1,569
S13	S11 OR S12		213,644
S12	depressi*		213,570
S11	(MH "Depression+")		133,357
S10	S7 OR S8 OR S9		8,875
S9	internet therap* OR online therap* OR icbt OR inter-net based therap* OR web based therap* OR web-based therap* OR internet delivered therap* OR "guided self-help" OR "online self-help" OR "self-guided online"		1,055
S8	(MH "Therapy, Computer Assisted")		5,545
S7	S3 AND S6		3,162
S6	S4 OR S5		283,335
S5	"internet based" OR "web-based" OR webbased OR computeri?ed OR "internet-delivered" OR online		152,658
S4	(MH "Internet+")		168,314
S3	S1 OR S2		36,497
S2	cognitive N2 therap* OR CBT		29,062
S1	(MH "Cognitive Therapy+")		28,896

2.2.1 Søgestreg for effektmål funktionsniveau og selvmordsadfærd

PubMed

Search	Query	Results
#21	Search: (((((((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*"[Text Word] OR "cognitive behavior therap*"[Text Word] OR "cognitive behaviour therap*"[Text Word] OR "cognitive behavioral therap*"[Text Word] OR "cognitive behavioural therap*"[Text Word] OR "CBT"[Text Word])) AND (("Internet"[Mesh]) OR ("internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text	<u>192</u>



	Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word])) OR ("internet therap*"[Text Word] OR "online therap*"[Text Word] OR "iCBT"[Text Word] OR "internet based therap*"[Text Word] OR "web based therap*"[Text Word] OR ("webbased"[Text Word] AND "therap*"[Text Word] OR "internet delivered therap*"[Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word])) OR ("Therapy, Computer-Assisted"[Mesh:NoExp])) AND (("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms] OR (depressi*[Text Word])) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title])) AND (((("Controlled Clinical Trial"[Publication Type] OR "Controlled Clinical Trials as Topic"[Mesh])) OR (((random*[Text Word] OR controlled[Text Word] OR crossover[Text Word] OR cross-over[Text Word] OR blind*[Text Word] OR mask*[Text Word])) AND (trial[Text Word] OR trials[Text Word] OR study[Text Word] OR studies[Text Word] OR analys*[Text Word] OR analyz*[Text Word]))) OR rct[Text Word] OR (((singl*[Text Word] OR doubl*[Text Word] OR tripl*[Text Word])) AND (blind[Text Word] OR mask[Text Word]))) OR placebo[Text Word])) NOT ("Adolescent"[MeSH Terms] NOT "Adult"[MeSH Terms])) AND (("2012/01/01"[Date - Publication] : "2023/12/31"[Date - Publication])) AND (Danish[Language] OR English[Language] OR Norwegian[Language] OR Swedish[Language])) NOT ("Systematic Review"[Publication Type] OR "Systematic Reviews as Topic"[Mesh] OR systematic[sb] OR "Meta-Analysis as Topic"[Mesh] OR "Meta-Analysis" [Publication Type] OR metaanalys*[Title/Abstract] OR meta-analys*[Title/Abstract])) AND ((((((global assessment[Text Word] AND psychosocial disability[Text Word] OR GAPD[Text Word] OR (global assessment of functioning scale[Text Word] OR GAF[Text Word])) OR (SF-36[Text Word] OR (short form[Text Word] AND 36[Text Word]))) OR (Beck's depression inventory[Text Word] OR Beck depression inventory[Text Word] OR BDI)) OR (Hamilton's depression rating scale[Text Word] OR Hamilton Depression Rating Scale[Text Word] OR HDRS[Text Word] OR Hamilton Rating Scale for Depression[Text Word] OR HRSD[Text Word] OR HAM-D[Text Word])) OR (("Suicide"[Mesh] OR (suicid*[Text Word]))) Sort by: Publication Date	
#20	Search: ((((((global assessment[Text Word] AND psychosocial disability[Text Word] OR GAPD[Text Word] OR (global assessment of functioning scale[Text Word] OR GAF[Text Word])) OR (SF-36[Text Word] OR (short form[Text Word] AND 36[Text Word]))) OR (Beck's depression inventory[Text Word] OR Beck depression inventory[Text Word] OR BDI)) OR (Hamilton's depression rating scale[Text Word] OR Hamilton Depression Rating Scale[Text Word] OR HDRS[Text Word] OR Hamilton Rating Scale for Depression[Text Word] OR HRSD[Text Word] OR HAM-D[Text Word])) OR (("Suicide"[Mesh] OR (suicid*[Text Word]))) Sort by: Publication Date	<u>173,817</u>
#19	Search: ("Suicide"[Mesh] OR (suicid*[Text Word])) Sort by: Publication Date	<u>112,558</u>
#16	Search: Hamilton's depression rating scale[Text Word] OR Hamilton Depression Rating Scale[Text Word] OR HDRS[Text Word] OR Hamilton Rating	<u>10,687</u>

	Scale for Depression[Text Word] OR HRSD[Text Word] OR HAM-D[Text Word] Sort by: Publication Date	
#15	Search: Beck's depression inventory[Text Word] OR Beck depression inventory[Text Word] OR BDI Sort by: Publication Date	<u>18,796</u>
#6	Search: SF-36[Text Word] OR (short form[Text Word] AND 36[Text Word]) Sort by: Publication Date	<u>33,230</u>
#5	Search: global assessment of functioning scale[Text Word] OR GAF[Text Word] Sort by: Publication Date	<u>2,817</u>
#3	Search: (global assessment[Text Word] AND psychosocial disability[Text Word]) OR GAPD[Text Word] Sort by: Publication Date	<u>231</u>
#2	Search: (((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*[Text Word] OR "cognitive behavior therap*[Text Word] OR "cognitive behaviour therap*[Text Word] OR "cognitive behavioral therap*[Text Word] OR "cognitive behavioural therap*[Text Word] OR "CBT"[Text Word])) AND (("Internet"[Mesh]) OR ("internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word]))) OR ("internet therap*[Text Word] OR "online therap*[Text Word] OR "iCBT"[Text Word] OR "internet based therap*[Text Word] OR "web based therap*[Text Word] OR ("webbased"[Text Word] AND "therap*[Text Word] OR "internet delivered therap*[Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word])) OR ("Therapy, Computer-Assisted"[Mesh:NoExp])) AND ((("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms]) OR (depressi*[Text Word]))) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title])) AND (((("Controlled Clinical Trial"[Publication Type] OR "Controlled Clinical Trials as Topic"[Mesh])) OR (((random*[Text Word] OR controlled[Text Word] OR crossover[Text Word] OR cross-over[Text Word] OR blind*[Text Word] OR mask*[Text Word])) AND (trial[Text Word] OR trials[Text Word] OR study[Text Word] OR studies[Text Word] OR analys*[Text Word] OR analyz*[Text Word]))) OR rct[Text Word] OR (((singl*[Text Word] OR doubl*[Text Word] OR tripl*[Text Word])) AND (blind[Text Word] OR mask[Text Word]))) OR placebo[Text Word])) NOT ("Adolescent"[MeSH Terms] NOT "Adult"[MeSH Terms])) AND (("2012/01/01"[Date - Publication] : "2023/12/31"[Date - Publication])) AND (Danish[Language] OR English[Language] OR Norwegian[Language] OR Swedish[Language])) NOT ("Systematic Review"[Publication Type] OR "Systematic Reviews as Topic"[Mesh] OR systematic[sb] OR "Meta-Analysis as Topic"[Mesh] OR "Meta-Analysis" [Publication Type] OR metaanalys*[Title/Abstract] OR meta-analys*[Title/Abstract]) Sort by: Publication Date	<u>1,527</u>

No.	Query	Results
#43	#29 AND #42	284
#42	#30 OR #31 OR #32 OR #33 OR #34 OR #35 OR #36 OR #37 OR #38 OR #39 OR #40 OR #41	290163
#41	suicid*:ti,ab,kw	123016
#40	'suicidal behavior'/exp	128340
#39	hdrs:ti,ab,kw OR hrsd:ti,ab,kw OR 'ham-d':ti,ab,kw	9325
#38	(hamilton* NEAR/2 'rating scale'):ti,ab,kw	14871
#37	'hamilton depression rating scale'/de	23170
#36	((beck* NEAR/2 'depression inventory'):ti,ab,kw) OR bdi:ti,ab,kw	29915
#35	'beck depression inventory'/de	28934
#34	'sf-36':ti,ab,kw OR (('short form' NEAR/3 36):ti,ab,kw)	49185
#33	'short form 36'/exp	47370
#32	'global assessment of functioning':ti,ab,kw OR gaf:ti,ab,kw	5388
#31	'global assessment of functioning'/exp OR 'global assessment of functioning scale'/exp OR 'global assessment of functioning score'/exp	3427
#30	'global assessment of psychosocial disability':ti,ab,kw OR gapd:ti,ab,kw	272
#29	#28 NOT #24	1447
#28	#27 NOT ('meta analysis'/de OR 'meta analysis topic'/de OR 'systematic review'/de OR 'systematic review topic'/de OR 'review'/it)	1760
#27	#20 AND #26	2088
#26	'randomized controlled trial'/exp OR 'controlled clinical trial'/exp OR (((random* OR controlled* OR crossover OR 'cross over' OR blind* OR mask*) NEAR/3 (trial* OR study OR studies OR analy*)):ti,ab,de) OR rct:ti,ab,de OR (((single OR double OR triple) NEAR/2 (blind* OR mask*)):ti,ab,de) OR placebo:ti,ab,de	1037553 8
#25	#23 NOT #24	374
#24	'conference abstract'/it OR 'conference paper'/it	5497965
#23	#22 AND ('meta analysis'/de OR 'meta analysis topic'/de OR 'systematic review'/de OR 'systematic review topic'/de OR 'review'/it)	425

#22	#20 AND #21	646
#21	'systematic review'/exp OR 'meta analysis'/exp OR 'meta analy*':ti,ab,de OR 'meta-analy*':ti,ab,de OR metaanaly*':ti,ab,de OR (((systematic OR method*) NEAR/3 (review* OR overview* OR study OR studies OR search* OR approach*)):ti,ab,de)	1877010
#20	#18 NOT #19	2963
#19	'juvenile'/exp NOT 'adult'/exp	2767307
#18	#15 NOT #16 AND ([danish]/lim OR [english]/lim OR [norwegian]/lim OR [swedish]/lim) AND [2012-2023]/py	3182
#17	#15 NOT #16	3662
#16	ptsd:ti OR 'post traumatic*':ti OR posttraumatic*':ti OR pain*':ti OR eating:ti OR anore*':ti OR bulimi*':ti OR dementia*':ti OR alzheimer*':ti OR autis*':ti OR abuse*':ti	735255
#15	#11 AND #14	3985
#14	#12 OR #13	874533
#13	depressi*':ti,ab,kw	662586
#12	'depression'/exp	623947
#11	#1 OR #2 OR #3 OR #10	18930
#10	#6 AND #9	5612
#9	#7 OR #8	565140
#8	'internet based':ti,ab,kw OR 'web-based':ti,ab,kw OR webbased:ti,ab,kw OR computeri?ed:ti,ab,kw OR 'internet-delivered':ti,ab,kw OR online:ti,ab,kw	482348
#7	'internet'/exp	126688
#6	#4 OR #5	58443
#5	((cognitive NEAR/2 therap*):ti,ab,kw) OR cbt:ti,ab,kw	47014
#4	'cognitive behavioral therapy'/exp	25554
#3	'computer assisted therapy'/de	4823
#2	'internet therap*':ti,ab,kw OR 'online therap*':ti,ab,kw OR icbt:ti,ab,kw OR 'internet based therap*':ti,ab,kw OR 'web based therap*':ti,ab,kw OR (webbased:ti,ab,kw AND therap*':ti,ab,kw) OR 'internet delivered therap*':ti,ab,kw	10436

	OR 'guided self-help':ti,ab,kw OR 'online self-help':ti,ab,kw OR 'self-guided online':ti,ab,kw	
#1	'internet based cognitive behavioral therapy'/exp OR 'internet based cognitive behavior therapy'/exp OR 'telepsychotherapy'/de	348

Cochrane Library

ID	Search	Hits
#1	MeSH descriptor: [Cognitive Behavioral Therapy] explode all trees	11993
#2	((cognitive NEAR/2 therap*) OR CBT):ti,ab,kw	26110
#3	#1 OR #2	27669
#4	MeSH descriptor: [Internet] explode all trees	5663
#5	("internet based" OR "web-based" OR webbased OR computeri?ed OR "internet-delivered" OR online):ti,ab,kw	41842
#6	#4 OR #5	42970
#7	#3 AND #6	4345
#8	("internet therapy" OR "online therapy" OR icbt OR "internet based therapy" OR "web based therapy" OR "webbased therapy" OR "internet delivered therapy" OR "guided self-help" OR "online self-help" OR "self-guided online"):ti,ab,kw (Word variations have been searched)	1691
#9	MeSH descriptor: [Therapy, Computer-Assisted] this term only	1476
#10	{OR #7-#9}	6157
#11	MeSH descriptor: [Depressive Disorder] explode all trees	14958
#12	MeSH descriptor: [Depression] explode all trees	16000
#13	(depressi*):ti,ab,kw	99516
#14	{OR #11-#13}	99593
#15	#10 AND #14	2884
#16	(ptsd OR "post traumatic" OR posttraumatic OR pain* OR eating OR anore* OR bulimi* OR dementia* OR alzheimer* OR autism* OR abuse*):ti	103042
#17	#15 NOT #16	2609
#18	MeSH descriptor: [Adolescent] explode all trees	121545
#19	MeSH descriptor: [Child] explode all trees	70846

#20	MeSH descriptor: [Adult] explode all trees	541581
#21	(#18 OR #19) NOT #20	58097
#22	#17 NOT #21 with Publication Year from 2012 to 2023, in Trials	2219
#23	#17 NOT #21 with Cochrane Library publication date Between Jan 2012 and Dec 2023, in Cochrane Reviews	13
#24	(global assessment of psychosocial disability OR GAPD):ti,ab,kw	93
#25	("Global Assessment of Functioning Scale" OR GAF):ti,ab,kw	718
#26	(SF-36 OR (short form NEAR/2 36)):ti,ab,kw	15861
#27	(beck* NEAR/2 depression inventory):ti,ab,kw	6152
#28	(hamilton* NEAR/2 rating scale):ti,ab,kw	7226
#29	(hdrs OR hrsd OR ham-d):ti,ab,kw	3245
#30	MeSH descriptor: [Suicide] explode all trees	2117
#31	(suicid*):ti,ab,kw	7762
#32	{OR #24-#31}	35998
#33	#22 AND #32	406

PsycINFO

#	Query	Results
#17	<p>((((((((IndexTermsFilt: ("Online Therapy")))) OR (((IndexTermsFilt: ("Digital Interventions")))) OR (((IndexTermsFilt: ("Computer Assisted Therapy")))))) OR (((title: ("internet therap*")))) OR (((title: ("online therap*")))) OR (((title: (icbt)))) OR (((title: ("internet based therap*")))) OR (((title: ("web based therap*")))) OR (((title: ("webbased therap*")))) OR (((title: ("internet delivered therap*")))) OR (((title: ("guided self-help")))) OR (((title: ("online self-help")))) OR (((title: ("self-guided online")))) OR (((abstract: ("internet therap*")))) OR (((abstract: ("online therap*")))) OR (((abstract: (icbt)))) OR (((abstract: ("internet based therap*")))) OR (((abstract: ("web based therap*")))) OR (((abstract: ("webbased therap*")))) OR (((abstract: ("internet delivered therap*")))) OR (((abstract: ("guided self-help")))) OR (((abstract: ("online self-help")))) OR (((abstract: ("self-guided online")))) OR (((Keywords: ("internet therap*")))) OR (((Keywords: ("online therap*")))) OR (((Keywords: (icbt)))) OR (((Keywords: ("internet based therap*")))) OR (((Keywords: ("web based therap*")))) OR (((Keywords: ("webbased therap*")))) OR (((Keywords: ("internet delivered therap*")))) OR (((Keywords: ("guided self-help")))) OR (((Keywords: ("online self-help")))) OR (((Keywords: ("self-guided online")))) OR (((title: ("internet based"))))</p>	0

OR (((title: ("web-based")))) OR (((title: (webbased)))) OR (((title: (computerized)))) OR (((title: (computerised)))) OR (((title: ("internet-delivered")))) OR (((title: (online)))) OR (((abstract: ("internet based")))) OR (((abstract: ("web-based")))) OR (((abstract: (webbased)))) OR (((abstract: (computerized)))) OR (((abstract: (computerised)))) OR (((abstract: ("internet-delivered")))) OR (((abstract: (online)))) OR (((Keywords: ("internet based")))) OR (((Keywords: ("web-based")))) OR (((Keywords: (webbased)))) OR (((Keywords: (computerized)))) OR (((Keywords: (computerised)))) OR (((Keywords: ("internet-delivered")))) OR (((Keywords: (online)))) AND (((IndexTermsFilt: ("Cognitive Behavior Therapy")))) OR (((IndexTermsFilt: ("Acceptance and Commitment Therapy")))) OR (((IndexTermsFilt: ("Cognitive Processing Therapy")))) OR (((IndexTermsFilt: ("Prolonged Exposure Therapy")))) OR (((title: (cognitive NEAR/2 therap*)))) OR (((title: (cbt)))) OR (((abstract: (cognitive NEAR/2 therap*)))) OR (((abstract: (cbt)))) OR (((Keywords: (cognitive NEAR/2 therap*)))) OR (((Keywords: (cbt)))) AND (((title: (depressi*))) OR ((abstract: (depressi*))) OR ((Keywords: (depressi*))) OR ((IndexTermsFilt: ("Major Depression"))) OR ((IndexTermsFilt: ("Anaclitic Depression"))) OR ((IndexTermsFilt: ("Dysthymic Disorder"))) OR ((IndexTermsFilt: ("Endogenous Depression"))) OR ((IndexTermsFilt: ("Late Life Depression"))) OR ((IndexTermsFilt: ("Postpartum Depression"))) OR ((IndexTermsFilt: ("Reactive Depression"))) OR ((IndexTermsFilt: ("Recurrent Depression"))) OR ((IndexTermsFilt: ("Treatment Resistant Depression"))) OR ((IndexTermsFilt: ("Depression (Emotion)")))) AND Any Field: - (((title: (ptsd)) OR (title: ("post traumatic*")) OR (title: (post-traumatic*)) OR (title: (pain*)) OR (title: (eating)) OR (title: (anore*)) OR (title: (bulimi*)) OR (title: (dementia*)) OR (title: (alzheimer*)) OR (title: (autis*)) OR (title: (abuse*)))) AND ((Year: [2012 TO 2023] OR TestYear: [2012 TO 2023]) AND PublicationTypeFilt: "Peer Reviewed Journal" AND ((MethodologyFilt: ("Clinical Trial")))) AND (((title: ("global assessment of psychosocial disability")) OR (title: (GAPD))) OR ((abstract: ("global assessment of psychosocial disability")) OR (abstract: (GAPD))) OR ((Keywords: ("global assessment of psychosocial disability")) OR (Keywords: (GAPD)))) OR (((title: ("global assessment of functioning")) OR (title: (GAF))) OR ((abstract: ("global assessment of functioning")) OR (abstract: (GAF))) OR ((Keywords: ("global assessment of functioning")) OR (Keywords: (GAF)))) OR (((title: ("sf-36")) OR ((title: ("short form" NEAR/3 36))) OR ((abstract: ("sf-36")) OR ((abstract: ("short form" NEAR/3 36))) OR ((Keywords: ("sf-36")) OR ((Keywords: ("short form" NEAR/3 36)))))) OR ((IndexTermsFilt: ("Beck Depression Inventory")))) OR (((title: (beck* NEAR/2 depression inventory)) OR (title: (BDI)) OR ((abstract: (beck* NEAR/2 depression inventory)) OR (abstract: (BDI)) OR ((Keywords: (beck* NEAR/2 depression inventory)) OR (Keywords: (BDI)))) OR (((title: (hamilton NEAR/2 "rating scale")) OR ((abstract: (hamilton NEAR/2 "rating scale")) OR ((Keywords: (hamilton NEAR/2 "rating scale")))) OR (((title: (hdrs)) OR (title: (hrsd)) OR (title: ("ham-d"))) OR ((abstract: (hdrs)) OR (abstract: (hrsd)) OR (abstract: ("ham-d"))) OR ((Keywords: (hdrs)) OR (Keywords: (hrsd)) OR (Keywords: ("ham-d")))) OR ((IndexTermsFilt: ("Suicidal Behavior")) OR (IndexTermsFilt: ("Attempted Suicide")) OR (IndexTermsFilt: ("Suicidal Ideation")) OR (IndexTermsFilt:

	<p>("Suicide")))) OR (((title: (suicid*)) OR ((abstract: (suicid*)) OR ((Keywords: (suicid*))))))</p> <p><i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i></p>	
#16	<p>((title: ("global assessment of psychosocial disability") OR title: (GAPD)) OR (abstract: ("global assessment of psychosocial disability") OR abstract: (GAPD)) OR (Keywords: ("global assessment of psychosocial disability") OR Keywords: (GAPD))) OR ((title: ("global assessment of functioning") OR title: (GAF)) OR (abstract: ("global assessment of functioning") OR abstract: (GAF)) OR (Keywords: ("global assessment of functioning") OR Keywords: (GAF))) OR ((title: ("sf-36") OR (title: ("short form" NEAR/3 36))) OR (abstract: ("sf-36") OR (abstract: ("short form" NEAR/3 36))) OR (Keywords: ("sf-36") OR (Keywords: ("short form" NEAR/3 36)))) OR ((IndexTermsFilt: ("Beck Depression Inventory")) OR ((title: (beck* NEAR/2 depression inventory)) OR title: (BDI) OR (abstract: (beck* NEAR/2 depression inventory)) OR abstract: (BDI) OR (Keywords: (beck* NEAR/2 depression inventory)) OR Keywords: (BDI)) OR ((title: (hamilton NEAR/2 "rating scale")) OR (abstract: (hamilton NEAR/2 "rating scale")) OR (Keywords: (hamilton NEAR/2 "rating scale"))) OR ((title: (hdrs) OR title: (hrsd) OR title: ("ham-d")) OR (abstract: (hdrs) OR abstract: (hrsd) OR abstract: ("ham-d")) OR (Keywords: (hdrs) OR Keywords: (hrsd) OR Keywords: ("ham-d"))) OR ((IndexTermsFilt: ("Suicidal Behavior") OR IndexTermsFilt: ("Attempted Suicide") OR IndexTermsFilt: ("Suicidal Ideation") OR IndexTermsFilt: ("Suicide"))) OR ((title: (suicid*)) OR (abstract: (suicid*)) OR (Keywords: (suicid*)))</p> <p><i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i></p>	109385
#15	<p>Title: suicid* OR Abstract: suicid* OR Keywords: suicid*</p> <p><i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i></p>	76900
#14	<p>Index Terms: {Suicidal Behavior} OR {Attempted Suicide} OR {Suicidal Ideation} OR {Suicide}</p> <p><i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i></p>	45621
#13	<p>Title: hdrs OR Title: hrsd OR Title: "ham-d" OR Abstract: hdrs OR Abstract: hrsd OR Abstract: "ham-d" OR Keywords: hdrs OR Keywords: hrsd OR Keywords: "ham-d"</p> <p><i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i></p>	3934
#12	<p>Title: hamilton NEAR/2 "rating scale" OR Abstract: hamilton NEAR/2 "rating scale" OR Keywords: hamilton NEAR/2 "rating scale"</p>	9971

	<i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i>	
#11	(Title: beck* NEAR/2 depression inventory) OR Title: BDI OR (Abstract: beck* NEAR/2 depression inventory) OR Abstract: BDI OR (Keywords: beck* NEAR/2 depression inventory) OR Keywords: BDI <i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i>	16575
#10	Index Terms: {Beck Depression Inventory} <i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i>	935
#9	Title: "sf-36" OR (Title: "short form" NEAR/3 36) OR Abstract: "sf-36" OR (Abstract: "short form" NEAR/3 36) OR Keywords: "sf-36" OR (Keywords: "short form" NEAR/3 36) <i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i>	6363
#8	Title: "global assessment of functioning" OR Title: GAF OR Abstract: "global assessment of functioning" OR Abstract: GAF OR Keywords: "global assessment of functioning" OR Keywords: GAF <i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i>	2631
#7	Title: "global assessment of psychosocial disability" OR Title: GAPD OR Abstract: "global assessment of psychosocial disability" OR Abstract: GAPD OR Keywords: "global assessment of psychosocial disability" OR Keywords: GAPD <i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i>	19
#6	((((IndexTermsFilt: ("Online Therapy"))) OR ((IndexTermsFilt: ("Digital Interventions"))) OR ((IndexTermsFilt: ("Computer Assisted Therapy")))) OR (((title: ("internet therap*")) OR ((title: ("online therap*")) OR ((title: (icbt))) OR ((title: ("internet based therap*")) OR ((title: ("web based therap*")) OR ((title: ("webbased therap*")) OR ((title: ("internet delivered therap*")) OR ((title: ("guided self-help")) OR ((title: ("online self-help")) OR ((title: ("self-guided online")))) OR ((abstract: ("internet therap*")) OR ((abstract: ("online therap*")) OR ((abstract: (icbt))) OR ((abstract: ("internet based therap*")) OR ((abstract: ("web based therap*")) OR ((abstract: ("web-based therap*")) OR ((abstract: ("internet delivered therap*")) OR ((abstract: ("guided self-help")) OR ((abstract: ("online self-help")) OR ((abstract: ("self-guided online")))) OR (((Keywords: ("internet therap*")) OR ((Keywords: ("online therap*")) OR ((Keywords: (icbt))) OR ((Keywords: ("internet based therap*")) OR ((Keywords: ("web based therap*")) OR ((Keywords: ("webbased therap*")) OR ((Keywords: ("internet delivered therap*")) OR ((Keywords: ("guided self-help")) OR ((Keywords: ("online self-help")) OR ((Keywords: ("self-guided online")))) OR (((title: ("internet based")) OR (((title: ("web-based")) OR (((title: (webbased))) OR (((title: (computerized))) OR (((title: (computerised))) OR (((title: ("internet-	493



	<p>delivered")))) OR (((title: (online)))) OR (((abstract: ("internet based")))) OR (((abstract: ("web-based")))) OR (((abstract: (webbased)))) OR (((abstract: (computerized)))) OR (((abstract: (computerised)))) OR (((abstract: ("internet-delivered")))) OR (((abstract: (online)))) OR (((Keywords: ("internet based")))) OR (((Keywords: ("web-based")))) OR (((Keywords: (web-based)))) OR (((Keywords: (computerized)))) OR (((Keywords: (computerised)))) OR (((Keywords: ("internet-delivered")))) OR (((Keywords: (online)))) AND (((((((IndexTermsFilt: ("Cognitive Behavior Therapy")))) OR (((IndexTermsFilt: ("Acceptance and Commitment Therapy")))) OR (((IndexTermsFilt: ("Cognitive Processing Therapy")))) OR (((IndexTermsFilt: ("Prolonged Exposure Therapy")))))) OR (((((((title: (cognitive NEAR/2 therap*))))) OR (((title: (cbt)))) OR (((abstract: (cognitive NEAR/2 therap*))))) OR (((abstract: (cbt)))) OR (((Keywords: (cognitive NEAR/2 therap*))))) OR (((Keywords: (cbt)))))) AND (((title: (depressi*)) OR ((abstract: (depressi*)) OR ((Keywords: (depressi*)) OR ((IndexTermsFilt: ("Major Depression")) OR (IndexTermsFilt: ("Anaclitic Depression")) OR (IndexTermsFilt: ("Dysthymic Disorder")) OR (IndexTermsFilt: ("Endogenous Depression")) OR (IndexTermsFilt: ("Late Life Depression")) OR (IndexTermsFilt: ("Postpartum Depression")) OR (IndexTermsFilt: ("Reactive Depression")) OR (IndexTermsFilt: ("Recurrent Depression")) OR (IndexTermsFilt: ("Treatment Resistant Depression")) OR (IndexTermsFilt: ("Depression (Emotion"))))) NOT ((title: (ptsd) OR title: ("post traumatic*") OR title: (posttraumatic*) OR title: (pain*) OR title: (eating) OR title: (anore*) OR title: (bulimi*) OR title: (dementia*) OR title: (alzheimer*) OR title: (autis*) OR title: (abuse*)) AND Methodology: Clinical Trial AND Peer-Reviewed Journals only AND Year: 2012 To 2023</p> <p><i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i></p>	
#5	<p>((((IndexTermsFilt: ("Online Therapy")) OR ((IndexTermsFilt: ("Digital Interventions")) OR ((IndexTermsFilt: ("Computer Assisted Therapy")))) OR (((title: ("internet therap*")) OR ((title: ("online therap*")) OR ((title: (icbt)) OR ((title: ("internet based therap*")) OR ((title: ("web based therap*")) OR ((title: ("webbased therap*")) OR ((title: ("internet delivered therap*")) OR ((title: ("guided self-help")) OR ((title: ("online self-help")) OR ((title: ("self-guided online")))) OR ((abstract: ("internet therap*")) OR ((abstract: ("online therap*")) OR ((abstract: (icbt)) OR ((abstract: ("internet based therap*")) OR ((abstract: ("web based therap*")) OR ((abstract: ("web-based therap*")) OR ((abstract: ("internet delivered therap*")) OR ((abstract: ("guided self-help")) OR ((abstract: ("online self-help")) OR ((abstract: ("self-guided online")))) OR (((Keywords: ("internet therap*")) OR ((Keywords: ("online therap*")) OR ((Keywords: (icbt)) OR ((Keywords: ("internet based therap*")) OR ((Keywords: ("web based therap*")) OR ((Keywords: ("webbased therap*")) OR ((Keywords: ("internet delivered therap*")) OR ((Keywords: ("guided self-help")) OR ((Keywords: ("online self-help")) OR ((Keywords: ("self-guided online")))) OR (((((((title: ("internet based")) OR (((title: ("web-based")) OR (((title: (webbased)))) OR (((title: (computerized)))) OR (((title: (computerised)))) OR (((title: ("internet-delivered")) OR (((title: (online)))) OR (((abstract: ("internet based")) OR ((abstract: ("web-based")) OR ((abstract: (webbased)))) OR (((abstract: (computerized)))) OR (((abstract: (computerised)))) OR (((abstract: ("internet-delivered")) OR (((abstract: (online)))) OR (((Keywords: ("internet based")) OR ((Keywords: ("web-based")) OR ((Keywords: (web-based)))) OR (((Keywords: (computerized)))) OR (((Keywords: (computerised)))) OR (((Keywords: ("internet-delivered")) OR ((Keywords:</p>	175



	<p>(online)))))) AND (((((((IndexTermsFilt: ("Cognitive Behavior Therapy")))) OR (((IndexTermsFilt: ("Acceptance and Commitment Therapy")))) OR (((IndexTermsFilt: ("Cognitive Processing Therapy")))) OR (((IndexTermsFilt: ("Prolonged Exposure Therapy")))) OR (((title: (cognitive NEAR/2 therap*)))) OR (((title: (cbt)))) OR (((abstract: (cognitive NEAR/2 therap*)))) OR (((abstract: (cbt)))) OR (((Keywords: (cognitive NEAR/2 therap*)))) OR (((Keywords: (cbt)))) AND ((title: (depressi*)) OR ((abstract: (depressi*)) OR ((Keywords: (depressi*)) OR ((IndexTermsFilt: ("Major Depression")) OR (IndexTermsFilt: ("Anaclitic Depression")) OR (IndexTermsFilt: ("Dysthymic Disorder")) OR (IndexTermsFilt: ("Endogenous Depression")) OR (IndexTermsFilt: ("Late Life Depression")) OR (IndexTermsFilt: ("Postpartum Depression")) OR (IndexTermsFilt: ("Reactive Depression")) OR (IndexTermsFilt: ("Recurrent Depression")) OR (IndexTermsFilt: ("Treatment Resistant Depression")) OR (IndexTermsFilt: ("Depression (Emotion)")))) NOT ((title: (ptsd) OR title: ("post traumatic*") OR title: (posttraumatic*) OR title: (pain*) OR title: (eating) OR title: (anore*) OR title: (bulimi*) OR title: (dementia*) OR title: (alzheimer*) OR title: (autis*) OR title: (abuse*)) AND Methodology: Systematic Review OR Meta Analysis OR Metasynthesis AND Peer-Reviewed Journals only AND Year: 2012 To 2023</p> <p><i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i></p>	
#4	<p>((((IndexTermsFilt: ("Online Therapy")) OR ((IndexTermsFilt: ("Digital Interventions")) OR ((IndexTermsFilt: ("Computer Assisted Therapy")) OR (((title: ("internet therap*")) OR ((title: ("online therap*")) OR ((title: (icbt)) OR ((title: ("internet based therap*")) OR ((title: ("web based therap*")) OR ((title: ("webbased therap*")) OR ((title: ("internet delivered therap*")) OR ((title: ("guided self-help")) OR ((title: ("online self-help")) OR ((title: ("self-guided online")))) OR ((abstract: ("internet therap*")) OR ((abstract: ("online therap*")) OR ((abstract: (icbt)) OR ((abstract: ("internet based therap*")) OR ((abstract: ("web based therap*")) OR ((abstract: ("web-based therap*")) OR ((abstract: ("internet delivered therap*")) OR ((abstract: ("guided self-help")) OR ((abstract: ("online self-help")) OR ((abstract: ("self-guided online")))) OR (((Keywords: ("internet therap*")) OR ((Keywords: ("online therap*")) OR ((Keywords: (icbt)) OR ((Keywords: ("internet based therap*")) OR ((Keywords: ("web based therap*")) OR ((Keywords: ("webbased therap*")) OR ((Keywords: ("internet delivered therap*")) OR ((Keywords: ("guided self-help")) OR ((Keywords: ("online self-help")) OR ((Keywords: ("self-guided online")))) OR (((title: ("internet based")) OR ((title: ("web-based")) OR ((title: (webbased)) OR ((title: (computerized)) OR ((title: (computerised)) OR ((title: ("internet-delivered")) OR ((title: (online)))) OR (((abstract: ("internet based")) OR ((abstract: ("web-based")) OR ((abstract: (webbased)) OR ((abstract: (computerized)) OR ((abstract: (computerised)) OR ((abstract: ("internet-delivered")) OR ((abstract: (online)))) OR (((Keywords: ("internet based")) OR ((Keywords: ("web-based")) OR ((Keywords: (web-based)) OR ((Keywords: (computerized)) OR ((Keywords: (computerised)) OR ((Keywords: ("internet-delivered")) OR ((Keywords: (online)))) AND (((((((IndexTermsFilt: ("Cognitive Behavior Therapy")))) OR (((IndexTermsFilt: ("Acceptance and Commitment Therapy")))) OR (((IndexTermsFilt: ("Cognitive Processing Therapy")))) OR (((IndexTermsFilt: ("Prolonged Exposure Therapy")))) OR (((title: (cognitive NEAR/2 therap*)))) OR (((title: (cbt)))) OR (((abstract: (cognitive NEAR/2 therap*)))) OR (((abstract: (cbt)))) OR (((Keywords: (cognitive</p>	2303



	<p>NEAR/2 therap*)))))) OR (((((Keywords: (cbt)))))) AND (((title: (depressi*)) OR ((abstract: (depressi*)) OR ((Keywords: (depressi*)) OR ((IndexTermsFilt: ("Major Depression")) OR (IndexTermsFilt: ("Anaclitic Depression")) OR (IndexTermsFilt: ("Dysthymic Disorder")) OR (IndexTermsFilt: ("Endogenous Depression")) OR (IndexTermsFilt: ("Late Life Depression")) OR (IndexTermsFilt: ("Postpartum Depression")) OR (IndexTermsFilt: ("Reactive Depression")) OR (IndexTermsFilt: ("Recurrent Depression")) OR (IndexTermsFilt: ("Treatment Resistant Depression")) OR (IndexTermsFilt: ("Depression (Emotion)")))) NOT ((title: (ptsd) OR title: ("post traumatic*") OR title: (posttraumatic*) OR title: (pain*) OR title: (eating) OR title: (anore*) OR title: (bulimi*) OR title: (dementia*) OR title: (alzheimer*) OR title: (autis*) OR title: (abuse*)))</p> <p><i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i></p>	
#3	<p>(((IndexTermsFilt: ("Online Therapy")) OR (IndexTermsFilt: ("Digital Interventions")) OR (IndexTermsFilt: ("Computer Assisted Therapy")))) OR (((title: ("internet therap*") OR (title: ("online therap*") OR (title: (icbt)) OR (title: ("internet based therap*") OR (title: ("web based therap*") OR (title: ("web-based therap*") OR (title: ("internet delivered therap*") OR (title: ("guided self-help")) OR (title: ("online self-help")) OR (title: ("self-guided online")))) OR ((abstract: ("internet therap*") OR (abstract: ("online therap*") OR (abstract: (icbt)) OR (abstract: ("internet based therap*") OR (abstract: ("web based therap*") OR (abstract: ("webbased therap*") OR (abstract: ("internet delivered therap*") OR (abstract: ("guided self-help")) OR (abstract: ("online self-help")) OR (abstract: ("self-guided online")))) OR ((Keywords: ("internet therap*") OR (Keywords: ("online therap*") OR (Keywords: (icbt)) OR (Keywords: ("internet based therap*") OR (Keywords: ("web based therap*") OR (Keywords: ("webbased therap*") OR (Keywords: ("internet delivered therap*") OR (Keywords: ("guided self-help")) OR (Keywords: ("online self-help")) OR (Keywords: ("self-guided online")))) OR (((title: ("internet based")) OR ((title: ("web-based")) OR ((title: (webbased)) OR ((title: (computerized)) OR ((title: (computerised)) OR ((title: ("internet-delivered")) OR ((title: (online)))) OR ((abstract: ("internet based")) OR ((abstract: ("web-based")) OR ((abstract: (webbased)) OR ((abstract: (computerized)) OR ((abstract: (computerised)) OR ((abstract: ("internet-delivered")) OR ((abstract: (online)))) OR ((Keywords: ("internet based")) OR ((Keywords: ("web-based")) OR ((Keywords: (webbased)) OR ((Keywords: (computerized)) OR ((Keywords: (computerised)) OR ((Keywords: ("internet-delivered")) OR ((Keywords: (online)))))) AND (((((IndexTermsFilt: ("Cognitive Behavior Therapy")) OR ((IndexTermsFilt: ("Acceptance and Commitment Therapy")) OR ((IndexTermsFilt: ("Cognitive Processing Therapy")) OR ((IndexTermsFilt: ("Prolonged Exposure Therapy")))) OR (((title: (cognitive NEAR/2 therap*)))) OR ((title: (cbt))) OR (((abstract: (cognitive NEAR/2 therap*)))) OR ((abstract: (cbt))) OR (((Keywords: (cognitive NEAR/2 therap*)))) OR ((Keywords: (cbt)))))) AND ((title: (depressi*)) OR (abstract: (depressi*)) OR (Keywords: (depressi*)) OR (IndexTermsFilt: ("Major Depression") OR IndexTermsFilt: ("Anaclitic Depression") OR IndexTermsFilt: ("Dysthymic Disorder") OR IndexTermsFilt: ("Endogenous Depression") OR IndexTermsFilt: ("Late Life Depression") OR IndexTermsFilt: ("Postpartum Depression") OR IndexTermsFilt: ("Reactive Depression") OR IndexTermsFilt: ("Recurrent Depression") OR IndexTermsFilt: ("Treatment Resistant Depression") OR IndexTermsFilt: ("Depression (Emotion)"))</p>	2483



	<i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i>	
#2	<p>Title: depressi* OR Abstract: depressi* OR Keywords: depressi* OR Index Terms: {Major Depression} OR {Anaclitic Depression} OR {Dysthymic Disorder} OR {Endogenous Depression} OR {Late Life Depression} OR {Postpartum Depression} OR {Reactive Depression} OR {Recurrent Depression} OR {Treatment Resistant Depression} OR {Depression (Emotion)}</p> <p><i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i></p>	345810
#1	<p>((IndexTermsFilt: ("Online Therapy") OR IndexTermsFilt: ("Digital Interventions") OR IndexTermsFilt: ("Computer Assisted Therapy"))) OR (((title: ("internet therap*") OR title: ("online therap*") OR title: (icbt) OR title: ("internet based therap*") OR title: ("web based therap*") OR title: ("webbased therap*") OR title: ("internet delivered therap*") OR title: ("guided self-help") OR title: ("online self-help") OR title: ("self-guided online")) OR (abstract: ("internet therap*") OR abstract: ("online therap*") OR abstract: (icbt) OR abstract: ("internet based therap*") OR abstract: ("web based therap*") OR abstract: ("webbased therap*") OR abstract: ("internet delivered therap*") OR abstract: ("guided self-help") OR abstract: ("online self-help") OR abstract: ("self-guided online")) OR (Keywords: ("internet therap*") OR Keywords: ("online therap*") OR Keywords: (icbt) OR Keywords: ("internet based therap*") OR Keywords: ("web based therap*") OR Keywords: ("web-based therap*") OR Keywords: ("internet delivered therap*") OR Keywords: ("guided self-help") OR Keywords: ("online self-help") OR Keywords: ("self-guided online")))) OR ((((title: ("internet based")) OR (title: ("web-based")) OR (title: (webbased)) OR (title: (computerized)) OR (title: (computerised)) OR (title: ("internet-delivered")) OR (title: (online)))) OR ((abstract: ("internet based")) OR (abstract: ("web-based")) OR (abstract: (webbased)) OR (abstract: (computerized)) OR (abstract: (computerised)) OR (abstract: ("internet-delivered")) OR (abstract: (online)))) OR ((Keywords: ("internet based")) OR (Keywords: ("web-based")) OR (Keywords: (webbased)) OR (Keywords: (computerized)) OR (Keywords: (computerised)) OR (Keywords: ("internet-delivered")) OR (Keywords: (online)))) AND ((((IndexTermsFilt: ("Cognitive Behavior Therapy"))) OR ((IndexTermsFilt: ("Acceptance and Commitment Therapy"))) OR ((IndexTermsFilt: ("Cognitive Processing Therapy"))) OR ((IndexTermsFilt: ("Prolonged Exposure Therapy")))) OR (((title: (cognitive NEAR/2 therap*))) OR ((title: (cbt))) OR (((abstract: (cognitive NEAR/2 therap*))) OR ((abstract: (cbt))) OR (((Keywords: (cognitive NEAR/2 therap*))) OR ((Keywords: (cbt))))))</p> <p><i>Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</i></p>	8985

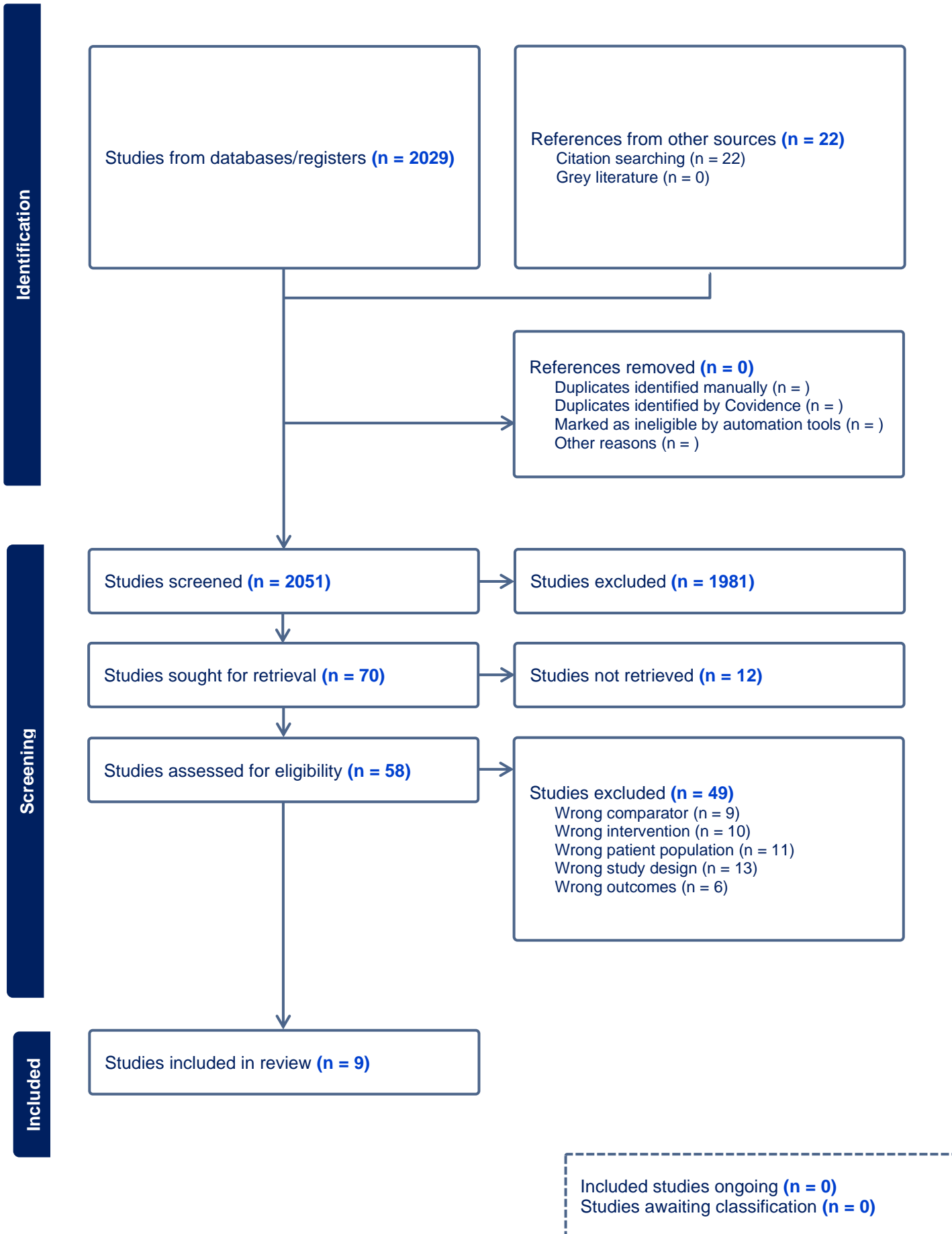
CINAHL with Full Text

#	Query	Limiters/ Expanders	Results
S35	S23 AND S34		63

S34	S24 OR S25 OR S26 OR S27 OR S28 OR S29 OR S30 OR S31 OR S32 OR S33		80,483
S33	suicid*		50,481
S32	(MH "Suicide+")		34,326
S31	(Hamilton* N2 rating scale) OR HDRS OR HRSD OR HAM-D		5,437
S30	(Beck* N2 depression inventory) OR BDI		6,687
S29	(MH "Beck Depression Inventory, Revised Edition") OR (MH "Hamilton Rating Scale for Depression")		3,799
S28	SF-36		18,251
S27	short form N3 36		2,840
S26	(MH "Short Form-36 Health Survey (SF-36)")		14,234
S25	global assessment of functioning OR GAF		860
S24	global assessment of psychosocial disability OR GAPD		15
S23	S21 NOT S22		570
S22	TI Systematic Review* OR metaanaly* OR meta-analy*		172,072
S21	S19 AND S20		644
S20	PT Randomized Controlled Trial OR (TX (((random* or control#ed or crossover or cross-over or blind* or mask*) N3 (trial* or study or studies or analy*)) or rct)) OR (TX (placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) N1 (blind* or mask*)))		1,658,378
S19	S16 NOT S17	Limiters - Published Date: 20120101-20231231; Language: Danish, English, Norwegian, Swedish	960
S18	S16 NOT S17		1,204
S17	((MH "Adolescence+") OR (MH "Child+")) NOT (MH "Adult+")		686,126

S16	S14 NOT S15		1,294
S15	TI ptsd OR post traumatic* OR posttraumatic* OR pain* OR eating OR anore* OR bulimi* OR dementia* OR alzheimer* OR autis* OR abuse*		758,968
S14	S10 AND S13		1,586
S13	S11 OR S12		215,058
S12	depressi*		214,984
S11	(MH "Depression+")		134,129
S10	S7 OR S8 OR S9		8,926
S9	internet therap* OR online therap* OR icbt OR internet based therap* OR web based therap* OR webbased therap* OR internet delivered therap* OR "guided self-help" OR "online self-help" OR "self-guided online"		1,063
S8	(MH "Therapy, Computer Assisted")		5,548
S7	S3 AND S6		3,205
S6	S4 OR S5		285,076
S5	"internet based" OR "web-based" OR webbased OR computer?ed OR "internet-delivered" OR online		154,038
S4	(MH "Internet+")		168,915
S3	S1 OR S2		36,763
S2	cognitive N2 therap* OR CBT		29,241
S1	(MH "Cognitive Therapy+")		29,091

2.3 Prismadiagram





3

Bilag til patientperspektivet

3.1 Databaser og resultater

Tabel 3 – Søgeresultat for undersøgelsesspørgsmål 2 og 3 - Bærrerier og facilitatorer

Database	Platform	Resultat	Dato
PubMed	PubMed.gov	389	04.07.2023
Embase	Embase.com	387	04.07.2023
PsycINFO	APA	249	04.07.2023
I alt		1025	
÷ dubletter vha. EndNote		574	

Tabel 4 – Søgeresultater for undersøgelsesspørgsmål 4 – Den terapeutiske alliance

Database	Platform	Resultat	Dato
PubMed	PubMed.gov	51	04.07.2023
Embase	Embase.com	46	04.07.2023
PsycINFO	APA	27	04.07.2023
I alt		124	
÷ dubletter vha. EndNote		75	

3.2 Søgestreng

3.2.1 PubMed

Search	Query	Results
#24	Search: (((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*"[Text Word] OR "cognitive behavior therap*"[Text Word] OR "cognitive behaviour therap*"[Text Word] OR "cognitive behavioral therap*"[Text Word] OR "cognitive behavioural therap*"[Text Word] OR "CBT"[Text Word])) AND ("Therapy, Computer-Assisted"[Mesh:NoExp] OR "Internet"[Mesh] OR "internet based"[Text Word] OR "web-based"[Text Word] OR "web-based"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word] OR internet therap*[Text Word])) OR	<u>51</u>

	(iCBT[Text Word])) AND (guided[Text Word] OR assisted[Text Word] OR therapist led[Text Word] OR therapist support*[Text Word] OR guidance[Text Word])) AND ("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms] OR depressi*[Text Word])) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title] OR diabetes[Title] OR cancer[Title] OR transdiagnos*[Title] OR postpartum[Title] OR pregnan*[Title] OR gambi*[Title] OR perinatal*[Title])) AND ("Professional-Patient Relations"[MeSH Terms] OR "alliance*[Text Word] OR "interpersonal*[Text Word] OR "Psychotherapeutic Processes"[Mesh])) AND (("2012"[Date - Publication] : "2023"[Date - Publication]) AND (Danish[Language] OR English[Language] OR Norwegian[Language] OR Swedish[Language])) Sort by: Publication Date	
#23	Search: (((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*[Text Word] OR "cognitive behavior therap*[Text Word] OR "cognitive behaviour therap*[Text Word] OR "cognitive behavioral therap*[Text Word] OR "cognitive behavioural therap*[Text Word] OR "CBT"[Text Word])) AND ("Therapy, Computer-Assisted"[Mesh:NoExp] OR "Internet"[Mesh] OR "internet based"[Text Word] OR "web-based"[Text Word] OR "web-based"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word] OR internet therap*[Text Word])) OR (iCBT[Text Word])) AND (guided[Text Word] OR assisted[Text Word] OR therapist led[Text Word] OR therapist support*[Text Word] OR guidance[Text Word])) AND ("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms] OR depressi*[Text Word])) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title] OR diabetes[Title] OR cancer[Title] OR transdiagnos*[Title] OR postpartum[Title] OR pregnan*[Title] OR gambi*[Title] OR perinatal*[Title])) AND ("Professional-Patient Relations"[MeSH Terms] OR "alliance*[Text Word] OR "interpersonal*[Text Word] OR "Psychotherapeutic Processes"[Mesh]) Sort by: Publication Date	<u>60</u>
#22	Search: "Professional-Patient Relations"[MeSH Terms] OR "alliance*[Text Word] OR "interpersonal*[Text Word] OR "Psychotherapeutic Processes"[Mesh] Sort by: Publication Date	<u>282,523</u>
#21	Search: (((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*[Text Word] OR "cognitive behavior therap*[Text Word] OR "cognitive behaviour therap*[Text Word] OR "cognitive behavioral therap*[Text Word] OR "cognitive behavioural therap*[Text Word] OR "CBT"[Text Word])) AND ("Therapy, Computer-Assisted"[Mesh:NoExp] OR "Internet"[Mesh] OR "internet based"[Text Word] OR "web-based"[Text Word] OR "web-based"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word] OR internet therap*[Text Word])) OR (iCBT[Text Word])) AND (guided[Text Word] OR assisted[Text Word] OR therapist led[Text Word] OR therapist support*[Text Word] OR guidance[Text Word])) AND ("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms] OR depressi*[Text Word])) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title] OR diabetes[Title] OR cancer[Title] OR transdiagnos*[Title] OR postpartum[Title] OR pregnan*[Title]	<u>389</u>

	OR gambli*[Title] OR perinatal*[Title])) AND ("Patient Compliance"[Mesh] OR "Computer Literacy"[Mesh] OR computer literacy[Text Word] OR "Risk Factors"[Mesh] OR experienc*[Text Word] OR preference*[Text Word] OR express*[Text Word] OR perception*[Text Word] OR concern*[Text Word] OR barrier*[Text Word] OR challeng*[Text Word] OR limitat*[Text Word] OR lack[Text Word] OR lacking[Text Word] OR impediment*[Text Word] OR impede*[Text Word] OR hindrance*[Text Word] OR hinder*[Text Word] OR obstacle*[Text Word] OR hurdle*[Text Word] OR resistan*[Text Word] OR stigma*[Text Word] OR adherence*[Text Word] OR compliance*[Text Word] OR facilitat*[Text Word] OR dissemination*[Text Word] OR enable*[Text Word] OR opportunit*[Text Word] OR competence*[Text Word] OR collaborat*[Text Word] OR willing*[Text Word] OR involv*[Text Word] OR participat*[Text Word] OR motivat*[Text Word] OR communicat*[Text Word] OR attitude*[Text Word] OR advantage*[Text Word])) AND (("2012"[Date - Publication] : "2023"[Date - Publication]) AND (Danish[Language] OR English[Language] OR Norwegian[Language] OR Swedish[Language])) Sort by: Publication Date	
#20	Search: ("2012"[Date - Publication] : "2023"[Date - Publication]) AND (Danish[Language] OR English[Language] OR Norwegian[Language] OR Swedish[Language]) Sort by: Publication Date	<u>13,713,556</u>
#19	Search: (((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*" [Text Word] OR "cognitive behavior therap*" [Text Word] OR "cognitive behaviour therap*" [Text Word] OR "cognitive behavioral therap*" [Text Word] OR "cognitive behavioural therap*" [Text Word] OR "CBT"[Text Word])) AND ("Therapy, Computer-Assisted"[Mesh:NoExp] OR "Internet"[Mesh] OR "internet based"[Text Word] OR "web-based"[Text Word] OR "web-based"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word] OR internet therap*[Text Word])) OR (iCBT[Text Word])) AND (guided[Text Word] OR assisted[Text Word] OR therapist led[Text Word] OR therapist support*[Text Word] OR guidance[Text Word])) AND ("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms] OR depressi*[Text Word])) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title] OR diabetes[Title] OR cancer[Title] OR transdiagnos*[Title] OR postpartum[Title] OR pregnan*[Title] OR gambli*[Title] OR perinatal*[Title])) AND ("Patient Compliance"[Mesh] OR "Computer Literacy"[Mesh] OR computer literacy[Text Word] OR "Risk Factors"[Mesh] OR experienc*[Text Word] OR preference*[Text Word] OR express*[Text Word] OR perception*[Text Word] OR concern*[Text Word] OR barrier*[Text Word] OR challeng*[Text Word] OR limitat*[Text Word] OR lack[Text Word] OR lacking[Text Word] OR impediment*[Text Word] OR impede*[Text Word] OR hindrance*[Text Word] OR hinder*[Text Word] OR obstacle*[Text Word] OR hurdle*[Text Word] OR resistan*[Text Word] OR stigma*[Text Word] OR adherence*[Text Word] OR compliance*[Text Word] OR facilitat*[Text Word] OR dissemination*[Text Word] OR enable*[Text Word] OR opportunit*[Text Word] OR competence*[Text Word] OR collaborat*[Text Word] OR willing*[Text Word] OR involv*[Text Word] OR participat*[Text Word] OR motivat*[Text Word] OR communicat*[Text Word] OR attitude*[Text Word] OR advantage*[Text Word])) Sort by: Publication Date	<u>424</u>
#18	Search: "Patient Compliance"[Mesh] OR "Computer Literacy"[Mesh] OR computer literacy[Text Word] OR "Risk	<u>13,095,472</u>

	Factors"[Mesh] OR experienc*[Text Word] OR preference*[Text Word] OR express*[Text Word] OR perception*[Text Word] OR concern*[Text Word] OR barrier*[Text Word] OR challeng*[Text Word] OR limitat*[Text Word] OR lack[Text Word] OR lacking[Text Word] OR impediment*[Text Word] OR impede*[Text Word] OR hindrance*[Text Word] OR hinder*[Text Word] OR obstacle*[Text Word] OR stigma*[Text Word] OR hurdle*[Text Word] OR resistan*[Text Word] OR stigma*[Text Word] OR adherence*[Text Word] OR complianc*[Text Word] OR facilitat*[Text Word] OR dissemination*[Text Word] OR enable*[Text Word] OR opportunit*[Text Word] OR competenc*[Text Word] OR collaborat*[Text Word] OR willing*[Text Word] OR involv*[Text Word] OR participat*[Text Word] OR motivat*[Text Word] OR communicat*[Text Word] OR attitude*[Text Word] OR advantage*[Text Word] Sort by: Publication Date	
#11	Search: (((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*" [Text Word] OR "cognitive behavior therap*" [Text Word] OR "cognitive behaviour therap*" [Text Word] OR "cognitive behavioral therap*" [Text Word] OR "cognitive behavioural therap*" [Text Word] OR "CBT"[Text Word])) AND ("Therapy, Computer-Assisted"[Mesh:NoExp] OR "Internet"[Mesh] OR "internet based"[Text Word] OR "web-based"[Text Word] OR "web-based"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word] OR internet therap*[Text Word])) OR (iCBT[Text Word])) AND (guided[Text Word] OR assisted[Text Word] OR therapist led[Text Word] OR therapist support*[Text Word] OR guidance[Text Word])) AND ("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms] OR depressi*[Text Word])) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title] OR diabetes[Title] OR cancer[Title] OR transdiagnos*[Title] OR postpartum[Title] OR pregnan*[Title] OR gambi*[Title] OR perinatal*[Title]) Sort by: Publication Date	<u>595</u>
#10	Search: PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title] OR diabetes[Title] OR cancer[Title] OR transdiagnos*[Title] OR postpartum[Title] OR pregnan*[Title] OR gambi*[Title] OR perinatal*[Title] Sort by: Publication Date	<u>2,333,286</u>
#9	Search: (((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*" [Text Word] OR "cognitive behavior therap*" [Text Word] OR "cognitive behaviour therap*" [Text Word] OR "cognitive behavioral therap*" [Text Word] OR "cognitive behavioural therap*" [Text Word] OR "CBT"[Text Word])) AND ("Therapy, Computer-Assisted"[Mesh:NoExp] OR "Internet"[Mesh] OR "internet based"[Text Word] OR "web-based"[Text Word] OR "web-based"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word] OR internet therap*[Text Word])) OR (iCBT[Text Word])) AND (guided[Text Word] OR assisted[Text Word] OR therapist led[Text Word] OR therapist support*[Text Word] OR guidance[Text Word])) AND ("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms] OR depressi*[Text Word]) Sort by: Publication Date	<u>746</u>
#8	Search: "Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms] OR depressi*[Text Word] Sort by: Publication Date	<u>563,467</u>
#7	Search: (((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*" [Text Word] OR "cognitive behavior therap*" [Text Word]	<u>1,325</u>

	OR "cognitive behaviour therap*" [Text Word] OR "cognitive behavioral therap*" [Text Word] OR "cognitive behavioural therap*" [Text Word] OR "CBT" [Text Word])) AND ("Therapy, Computer-Assisted" [Mesh:NoExp] OR "Internet" [Mesh] OR "internet based" [Text Word] OR "web-based" [Text Word] OR "web-based" [Text Word] OR "computerised" [Text Word] OR "computerized" [Text Word] OR "internet-delivered" [Text Word] OR "online" [Text Word] OR internet therap* [Text Word])) OR (iCBT [Text Word])) AND (guided [Text Word] OR assisted [Text Word] OR therapist led [Text Word] OR therapist support* [Text Word] OR guidance [Text Word]) Sort by: Publication Date	
#6	Search: guided [Text Word] OR assisted [Text Word] OR therapist led [Text Word] OR therapist support* [Text Word] OR guidance [Text Word] Sort by: Publication Date	<u>615,355</u>
#5	Search: (((("Cognitive Behavioral Therapy" [Mesh]) OR ("cognitive therap*" [Text Word] OR "cognitive behavior therap*" [Text Word] OR "cognitive behaviour therap*" [Text Word] OR "cognitive behavioral therap*" [Text Word] OR "cognitive behavioural therap*" [Text Word] OR "CBT" [Text Word])) AND ("Therapy, Computer-Assisted" [Mesh:NoExp] OR "Internet" [Mesh] OR "internet based" [Text Word] OR "web-based" [Text Word] OR "web-based" [Text Word] OR "computerised" [Text Word] OR "computerized" [Text Word] OR "internet-delivered" [Text Word] OR "online" [Text Word] OR internet therap* [Text Word])) OR (iCBT [Text Word])) Sort by: Publication Date	<u>5,800</u>
#4	Search: iCBT [Text Word] Sort by: Publication Date	<u>1,117</u>
#3	Search: (("Cognitive Behavioral Therapy" [Mesh]) OR ("cognitive therap*" [Text Word] OR "cognitive behavior therap*" [Text Word] OR "cognitive behaviour therap*" [Text Word] OR "cognitive behavioral therap*" [Text Word] OR "cognitive behavioural therap*" [Text Word] OR "CBT" [Text Word])) AND ("Therapy, Computer-Assisted" [Mesh:NoExp] OR "Internet" [Mesh] OR "internet based" [Text Word] OR "web-based" [Text Word] OR "web-based" [Text Word] OR "computerised" [Text Word] OR "computerized" [Text Word] OR "internet-delivered" [Text Word] OR "online" [Text Word] OR internet therap* [Text Word]) Sort by: Publication Date	<u>5,455</u>
#2	Search: "Therapy, Computer-Assisted" [Mesh:NoExp] OR "Internet" [Mesh] OR "internet based" [Text Word] OR "web-based" [Text Word] OR "webbased" [Text Word] OR "computerised" [Text Word] OR "computerized" [Text Word] OR "internet-delivered" [Text Word] OR "online" [Text Word] OR internet therap* [Text Word] Sort by: Publication Date	<u>452,347</u>
#1	Search: ("Cognitive Behavioral Therapy" [Mesh]) OR ("cognitive therap*" [Text Word] OR "cognitive behavior therap*" [Text Word] OR "cognitive behaviour therap*" [Text Word] OR "cognitive behavioral therap*" [Text Word] OR "cognitive behavioural therap*" [Text Word] OR "CBT" [Text Word]) Sort by: Publication Date	<u>50,266</u>

3.2.2

Embase

No.	Query	Results
#22	#21 NOT #17	46
#21	#13 AND #19 AND ([danish]/lim OR [english]/lim OR [norwegian]/lim OR [swedish]/lim) AND [2012-2023]/py	47
#20	#13 AND #19	50

#19	'professional-patient relationship'/exp OR relation*:ti,ab,kw OR alliance*:ti,ab,kw OR interpersonal*:ti,ab,kw	253633
#18	#16 NOT #17	387
#17	'conference abstract'/it OR 'conference paper'/it	5594971
#16	#13 AND #14 AND ([danish]/lim OR [english]/lim OR [norwegian]/lim OR [swedish]/lim) AND [2012-2023]/py	430
#15	#13 AND #14	474
#14	'patient attitude'/exp OR 'computer literacy'/exp OR 'risk factor'/exp OR 'computer literacy':ti,ab,kw OR experienc*:ti,ab,kw OR preferenc*:ti,ab,kw OR express*:ti,ab,kw OR perception*:ti,ab,kw OR concern*:ti,ab,kw OR barrier*:ti,ab,kw OR challeng*:ti,ab,kw OR limitat*:ti,ab,kw OR lack*:ti,ab,kw OR lacking:ti,ab,kw OR impediment*:ti,ab,kw OR impede*:ti,ab,kw OR hindrance*:ti,ab,kw OR hinder*:ti,ab,kw OR obstacle*:ti,ab,kw OR hurdle*:ti,ab,kw OR resistan*:ti,ab,kw OR stigma*:ti,ab,kw OR adherence*:ti,ab,kw OR complianc*:ti,ab,kw OR facilitat*:ti,ab,kw OR dissemination*:ti,ab,kw OR enable*:ti,ab,kw OR opportunit*:ti,ab,kw OR competence*:ti,ab,kw OR collaborat*:ti,ab,kw OR willing*:ti,ab,kw OR involv*:ti,ab,kw OR participat*:ti,ab,kw OR motivat*:ti,ab,kw OR communicat*:ti,ab,kw OR attitude*:ti,ab,kw OR advantage*:ti,ab,kw	16015009
#13	#11 NOT #12	621
#12	ptsd:ti OR 'post traumatic*':ti OR posttraumatic*:ti OR pain*:ti OR eating:ti OR anore*:ti OR bulimi*:ti OR dementia*:ti OR alzheimer*:ti OR autism*:ti OR abuse*:ti OR diabetes:ti OR cancer:ti OR transdiagnos*:ti OR postpartum:ti OR pregnan*:ti OR gamb*:ti OR perinatal*:ti	3196580
#11	#7 AND #10	757
#10	#8 OR #9	888955
#9	depressi*:ti,ab,kw	673127
#8	'depression'/exp	636387
#7	#5 AND #6	1368
#6	guided:ti,ab,kw OR assisted:ti,ab,kw OR 'therapist led':ti,ab,kw OR 'therapist support*':ti,ab,kw OR guidance:ti,ab,kw	807363
#5	#1 OR #4	5887
#4	#2 AND #3	5018
#3	'cognitive behavioral therapy'/exp OR ((cognitive NEAR/2 therap*):ti,ab,kw)	53445
#2	'computer assisted therapy'/de OR 'internet therap*':ti,ab,kw OR online:ti,ab,kw OR 'internet based':ti,ab,kw OR 'web based':ti,ab,kw OR webbased:ti,ab,kw OR 'internet delivered*':ti,ab,kw OR computeri?ed:ti,ab,kw	498245
#1	'internet based cognitive behavioral therapy'/exp OR 'internet based cognitive behavior therapy'/exp OR 'telepsychotherapy'/de OR icbt:ti,ab,kw	1757

3.2.3 PsycINFO

#	Query	Results
#13	(((((((((((IndexTermsFilt: ("Online Therapy")))))))) OR (((((IndexTermsFilt: ("Digital Interventions")))))))) OR ((((((IndexTermsFilt: ("Computer Assisted Therapy")))))))) OR (((((((title: ("internet therap*")))))))) OR ((((((title: (online)))))) OR (((((((title: ("internet based")))))))) OR (((((((title: ("web based")))))))) OR (((((((title: (webbased)))))) OR (((((((title: ("internet delivered*")))))))) OR (((((((title: (computerized)))))) OR (((((((title: (computerised)))))) OR (((((((abstract: ("internet therap*")))))))) OR (((((((abstract: (online)))))) OR (((((((abstract: ("internet based")))))))) OR (((((((abstract: ("web based")))))))) OR (((((((abstract: (webbased)))))) OR (((((((abstract:	27

	<p>("internet delivered*")) OR (((((abstract: (computerized)))))) OR (((((abstract: (computerised)))))) OR (((((Keywords: ("internet therap*")))) OR (((((Keywords: (online)))))) OR (((((Keywords: ("internet based")))) OR (((((Keywords: ("web based")))) OR (((((Keywords: (webbased)))))) OR (((((Keywords: ("internet delivered*")))) OR (((((Keywords: (computerized)))))) OR (((((Keywords: (computerised)))))) AND (((((IndexTermsFilt: ("Cognitive Behavior Therapy")))) OR (((((IndexTermsFilt: ("Acceptance and Commitment Therapy")))) OR (((((IndexTermsFilt: ("Cognitive Analytic Therapy")))) OR (((((IndexTermsFilt: ("Cognitive Processing Therapy")))) OR (((((IndexTermsFilt: ("Cognitive Techniques")))) OR (((((IndexTermsFilt: ("Cognitive Therapy")))) OR (((((IndexTermsFilt: ("Mindfulness-Based Cognitive Therapy")))) OR (((((IndexTermsFilt: ("Trauma-Focused Cognitive Behavior Therapy")))) OR (((((title: (cognitive NEAR/2 therap*)))) OR (((((abstract: (cognitive NEAR/2 therap*)))) OR (((((Keywords: (cognitive NEAR/2 therap*)))))) AND (((((title: (guided)))) OR (((title: (assisted)))) OR (((title: ("therapist led")))) OR (((title: ("therapist support*")))) OR (((title: (guidance)))) OR (((abstract: (guided)))) OR (((abstract: (assisted)))) OR (((abstract: ("therapist led")))) OR (((abstract: ("therapist support*")))) OR (((abstract: (guidance)))) OR (((Keywords: (guided)))) OR (((Keywords: (assisted)))) OR (((Keywords: ("therapist led")))) OR (((Keywords: ("therapist support*")))) OR (((Keywords: (guidance)))) AND (((((IndexTermsFilt: ("Major Depression")))) OR ((IndexTermsFilt: ("Anaclitic Depression"))) OR ((IndexTermsFilt: ("Dysthymic Disorder"))) OR ((IndexTermsFilt: ("Endogenous Depression"))) OR ((IndexTermsFilt: ("Late Life Depression"))) OR ((IndexTermsFilt: ("Postpartum Depression"))) OR ((IndexTermsFilt: ("Reactive Depression"))) OR ((IndexTermsFilt: ("Recurrent Depression"))) OR ((IndexTermsFilt: ("Treatment Resistant Depression"))) OR ((IndexTermsFilt: ("Depression (Emotion)")))) OR (((title: (depressi*))) OR (((abstract: (depressi*))) OR (((Keywords: (depressi*)))) AND (((IndexTermsFilt: ("Psychotherapeutic Processes")) OR (IndexTermsFilt: ("Therapeutic Alliance"))) OR ((title: (alliance*))) OR (title: (interpersonal))) OR ((abstract: (alliance*)) OR (abstract: (interpersonal))) OR ((Keywords: (alliance*)) OR (Keywords: (interpersonal)))) NOT ((title: (ptsd) OR title: ("post traumatic*") OR title: (posttraumatic*) OR title: (pain*) OR title: (eating) OR title: (anore*) OR title: (bulimi*) OR title: (dementia*) OR title: (alzheimer*) OR title: (autis*) OR title: (abuse*) OR title: (diabetes) OR title: (cancer) OR title: (transdiagnos*) OR title: (postpartum) OR title: (pregnan*) OR title: (gamb*) OR title: (perinatal*))) AND Peer-Reviewed Journals only AND Year: 2012 To 2023</p>	
#12	<p>Index Terms: {Psychotherapeutic Processes} OR {Therapeutic Alliance} OR Title: alliance* OR Title: interpersonal OR Abstract: alliance* OR Abstract: interpersonal OR Keywords: alliance* OR Keywords: interpersonal</p>	224270
#11	<p>(((((IndexTermsFilt: ("Online Therapy")))) OR (((((IndexTermsFilt: ("Digital Interventions")))) OR (((((IndexTermsFilt: ("Computer Assisted Therapy")))) OR (((((title: ("internet therap*")))) OR (((((title: (online)))))) OR (((((title: ("internet based")))) OR (((((title: ("web based")))) OR (((((title: (webbased)))))) OR (((((title: ("internet delivered*")))) OR (((((title: (computerized)))))) OR (((((title: (computerised)))))) OR (((((abstract: ("internet therap*")))) OR (((((abstract: (online)))))) OR (((((abstract: ("internet based")))) OR (((((abstract: ("web based")))) OR (((((abstract: (webbased)))))) OR (((((abstract: ("internet delivered*")))) OR (((((abstract: (computerized)))))) OR (((((abstract: (computerised)))))) OR (((((Keywords: ("internet therap*")))) OR (((((Keywords: (online)))))) OR (((((Keywords: ("internet based")))) OR (((((Keywords: ("web based")))) OR (((((Keywords: (webbased)))))) OR (((((Keywords: ("internet delivered*")))) OR (((((Keywords: (computerized)))))) OR (((((Keywords: (computerised)))))) OR (((((Keywords: ("internet therap*")))) OR (((((Keywords: (online)))))) OR (((((Keywords: ("internet based")))) OR (((((Keywords: ("web based")))) OR (((((Keywords: (webbased)))))) OR (((((Keywords: ("internet delivered*")))) OR (((((Keywords: (computerized)))))) OR (((((Keywords: (computerised))))))</p>	249

(computerised)))))) AND (((((IndexTermsFilt: ("Cognitive Behavior Therapy")))) OR (((IndexTermsFilt: ("Acceptance and Commitment Therapy")))) OR (((IndexTermsFilt: ("Cognitive Analytic Therapy")))) OR (((IndexTermsFilt: ("Cognitive Processing Therapy")))) OR (((IndexTermsFilt: ("Cognitive Techniques")))) OR (((IndexTermsFilt: ("Cognitive Therapy")))) OR (((IndexTermsFilt: ("Mindfulness-Based Cognitive Therapy")))) OR (((IndexTermsFilt: ("Trauma-Focused Cognitive Behavior Therapy")))) OR (((title: (cognitive NEAR/2 therap*)))) OR (((abstract: (cognitive NEAR/2 therap*)))) OR (((Keywords: (cognitive NEAR/2 therap*)))) AND (((title: (guided)))) OR (((title: (assisted)))) OR (((title: ("therapist led")))) OR (((title: ("therapist support*")))) OR (((title: (guidance)))) OR (((abstract: (guided)))) OR (((abstract: (assisted)))) OR (((abstract: ("therapist led")))) OR (((abstract: ("therapist support*")))) OR (((abstract: (guidance)))) OR (((Keywords: (guided)))) OR (((Keywords: (assisted)))) OR (((Keywords: ("therapist led")))) OR (((Keywords: ("therapist support*")))) OR (((Keywords: (guidance)))) AND (((IndexTermsFilt: ("Major Depression")) OR (IndexTermsFilt: ("Anaclitic Depression")) OR (IndexTermsFilt: ("Dysthymic Disorder")) OR (IndexTermsFilt: ("Endogenous Depression")) OR (IndexTermsFilt: ("Late Life Depression")) OR (IndexTermsFilt: ("Postpartum Depression")) OR (IndexTermsFilt: ("Reactive Depression")) OR (IndexTermsFilt: ("Recurrent Depression")) OR (IndexTermsFilt: ("Treatment Resistant Depression")) OR (IndexTermsFilt: ("Depression (Emotion)")))) OR (((title: (depressi*)))) OR (((abstract: (depressi*)))) OR (((Keywords: (depressi*)))) AND (((title: ("computer literacy")) OR (title: (experien*)) OR (title: (preference*)) OR (title: (express*)) OR (title: (perception*)) OR (title: (concern*)) OR (title: (barrier*)) OR (title: (challeng*)) OR (title: (limitat*)) OR (title: (lack)) OR (title: (lacking)) OR (title: (impediment*)) OR (title: (impede*)) OR (title: (hindrance*)) OR (title: (hinder*)) OR (title: (obstacle*)) OR (title: (hurdle*)) OR (title: (resistan*)) OR (title: (stigma*)) OR (title: (adherence*)) OR (title: (compliance*)) OR (title: (facilitat*)) OR (title: (dissemination*)) OR (title: (enable*)) OR (title: (opportunit*)) OR (title: (competence*)) OR (title: (collaborat*)) OR (title: (willing*)) OR (title: (involv*)) OR (title: (participat*)) OR (title: (motivat*)) OR (title: (communicat*)) OR (title: (attitude*)) OR (title: (advantage*)) OR (abstract: ("computer literacy")) OR (abstract: (experien*)) OR (abstract: (preference*)) OR (abstract: (express*)) OR (abstract: (perception*)) OR (abstract: (concern*)) OR (abstract: (barrier*)) OR (abstract: (challeng*)) OR (abstract: (limitat*)) OR (abstract: (lack)) OR (abstract: (lacking)) OR (abstract: (impediment*)) OR (abstract: (impede*)) OR (abstract: (hindrance*)) OR (abstract: (hinder*)) OR (abstract: (obstacle*)) OR (abstract: (hurdle*)) OR (abstract: (resistan*)) OR (abstract: (stigma*)) OR (abstract: (adherence*)) OR (abstract: (compliance*)) OR (abstract: (facilitat*)) OR (abstract: (dissemination*)) OR (abstract: (enable*)) OR (abstract: (opportunit*)) OR (abstract: (competence*)) OR (abstract: (collaborat*)) OR (abstract: (willing*)) OR (abstract: (involv*)) OR (abstract: (participat*)) OR (abstract: (motivat*)) OR (abstract: (communicat*)) OR (abstract: (attitude*)) OR (abstract: (advantage*)) OR (Keywords: ("computer literacy")) OR (Keywords: (experien*)) OR (Keywords: (preference*)) OR (Keywords: (express*)) OR (Keywords: (perception*)) OR (Keywords: (concern*)) OR (Keywords: (barrier*)) OR (Keywords: (challeng*)) OR (Keywords: (limitat*)) OR (Keywords: (lack)) OR (Keywords: (lacking)) OR (Keywords: (impediment*)) OR (Keywords: (impede*)) OR (Keywords: (hindrance*)) OR (Keywords: (hinder*)) OR (Keywords: (obstacle*)) OR (Keywords: (hurdle*)) OR (Keywords: (resistan*)) OR (Keywords: (stigma*)) OR (Keywords: (adherence*)) OR (Keywords: (compliance*)) OR (Keywords: (facilitat*)) OR (Keywords: (dissemination*)) OR (Keywords:

	(enable*) OR (Keywords: (opportunit*)) OR (Keywords: (competence*)) OR (Keywords: (collaborat*)) OR (Keywords: (willing*)) OR (Keywords: (involv*)) OR (Keywords: (participat*)) OR (Keywords: (motivat*)) OR (Keywords: (communicat*)) OR (Keywords: (attitude*)) OR (Keywords: (advantage*)) OR ((IndexTermsFilt: ("Treatment Compliance")) OR (IndexTermsFilt: ("Client Attitudes")) OR (IndexTermsFilt: ("Client Satisfaction")) OR (IndexTermsFilt: ("Treatment Barriers")) OR (IndexTermsFilt: ("Treatment Dropouts")) OR (IndexTermsFilt: ("Treatment Termination")) OR (IndexTermsFilt: ("Digital Literacy")) OR (IndexTermsFilt: ("Risk Factors")))) NOT ((title: (ptsd) OR title: ("post traumatic*") OR title: (posttraumatic*) OR title: (pain*) OR title: (eating) OR title: (anore*) OR title: (bulimi*) OR title: (dementia*) OR title: (alzheimer*) OR title: (autis*) OR title: (abuse*) OR title: (diabetes) OR title: (cancer) OR title: (transdiagnos*) OR title: (postpartum) OR title: (pregnan*) OR title: (gamb*) OR title: (perinatal*))) AND Peer-Reviewed Journals only AND Year: 2012 To 2023	
#10	Title: ptsd OR Title: "post traumatic*" OR Title: posttraumatic* OR Title: pain* OR Title: eating OR Title: anore* OR Title: bulimi* OR Title: dementia* OR Title: alzheimer* OR Title: autis* OR Title: abuse* OR Title: diabetes OR Title: cancer OR Title: transdiagnos* OR Title: postpartum OR Title: pregnan* OR Title: gamb* OR Title: perinatal* Search Databases: APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy	358857
#9	(((((IndexTermsFilt: ("Online Therapy")))) OR (((IndexTermsFilt: ("Digital Interventions")))) OR (((IndexTermsFilt: ("Computer Assisted Therapy")))) OR (((title: ("internet therap*")))) OR (((title: (online)))) OR (((title: ("internet based")))) OR (((title: ("web based")))) OR (((title: (webbased)))) OR (((title: ("internet delivered*")))) OR (((title: (computerized)))) OR (((title: (computerised)))) OR (((abstract: ("internet therap*")))) OR (((abstract: (online)))) OR (((abstract: ("internet based")))) OR (((abstract: ("web based")))) OR (((abstract: (webbased)))) OR (((abstract: ("internet delivered*")))) OR (((abstract: (computerized)))) OR (((abstract: (computerised)))) OR (((Keywords: ("internet therap*")))) OR (((Keywords: (online)))) OR (((Keywords: ("internet based")))) OR (((Keywords: ("web based")))) OR (((Keywords: (webbased)))) OR (((Keywords: ("internet delivered*")))) OR (((Keywords: (computerized)))) OR (((Keywords: (computerised)))))) AND (((IndexTermsFilt: ("Cognitive Behavior Therapy")) OR (((IndexTermsFilt: ("Acceptance and Commitment Therapy")) OR (((IndexTermsFilt: ("Cognitive Analytic Therapy")) OR (((IndexTermsFilt: ("Cognitive Processing Therapy")) OR (((IndexTermsFilt: ("Cognitive Techniques")) OR (((IndexTermsFilt: ("Cognitive Therapy")) OR (((IndexTermsFilt: ("Mindfulness-Based Cognitive Therapy")) OR (((IndexTermsFilt: ("Trauma-Focused Cognitive Behavior Therapy")) OR (((title: (cognitive NEAR/2 therap*)))) OR (((abstract: (cognitive NEAR/2 therap*)))) OR (((Keywords: (cognitive NEAR/2 therap*)))))) AND (((title: (guided)) OR ((title: (assisted)) OR ((title: ("therapist led")) OR ((title: ("therapist support*")) OR ((title: (guidance)) OR ((abstract: (guided)) OR ((abstract: (assisted)) OR ((abstract: ("therapist led")) OR ((abstract: ("therapist support*")) OR ((abstract: (guidance)))) OR (((Keywords: (guided)) OR ((Keywords: (assisted)) OR ((Keywords: ("therapist led")) OR ((Keywords: ("therapist support*")) OR ((Keywords: (guidance)))))) AND (((IndexTermsFilt: ("Major Depression")) OR (IndexTermsFilt: ("Anaclitic Depression")) OR (IndexTermsFilt: ("Dysthymic Disorder")) OR (IndexTermsFilt: ("Endogenous Depression")) OR (IndexTermsFilt: ("Late Life Depression")) OR (IndexTermsFilt: ("Postpartum Depression")) OR (IndexTermsFilt: ("Reactive Depression")) OR (IndexTermsFilt: ("Recurrent Depression")) OR (IndexTermsFilt: ("Treatment Resistant Depression")) OR (IndexTermsFilt: ("Depression	355



	<p>(Emotion")))) OR ((title: (depressi*)) OR ((abstract: (depressi*)) OR ((Keywords: (depressi*)))) AND ((title: ("computer literacy") OR title: (experienc*) OR title: (preference*) OR title: (express*) OR title: (perception*) OR title: (concern*) OR title: (barrier*) OR title: (challeng*) OR title: (limitat*) OR title: (lack) OR title: (lacking) OR title: (impediment*) OR title: (impede*) OR title: (hindrance*) OR title: (hinder*) OR title: (obstacle*) OR title: (hurdle*) OR title: (resistan*) OR title: (stigma*) OR title: (adherence*) OR title: (compliance*) OR title: (facilitat*) OR title: (dissemination*) OR title: (enable*) OR title: (opportunit*) OR title: (competence*) OR title: (collaborat*) OR title: (willing*) OR title: (involv*) OR title: (participat*) OR title: (motivat*) OR title: (communicat*) OR title: (attitude*) OR title: (advantage*)) OR (abstract: ("computer literacy") OR abstract: (experienc*) OR abstract: (preference*) OR abstract: (express*) OR abstract: (perception*) OR abstract: (concern*) OR abstract: (barrier*) OR abstract: (challeng*) OR abstract: (limitat*) OR abstract: (lack) OR abstract: (lacking) OR abstract: (impediment*) OR abstract: (impede*) OR abstract: (hindrance*) OR abstract: (hinder*) OR abstract: (obstacle*) OR abstract: (hurdle*) OR abstract: (resistan*) OR abstract: (stigma*) OR abstract: (adherence*) OR abstract: (compliance*) OR abstract: (facilitat*) OR abstract: (dissemination*) OR abstract: (enable*) OR abstract: (opportunit*) OR abstract: (competence*) OR abstract: (collaborat*) OR abstract: (willing*) OR abstract: (involv*) OR abstract: (participat*) OR abstract: (motivat*) OR abstract: (communicat*) OR abstract: (attitude*) OR abstract: (advantage*)) OR (Keywords: ("computer literacy") OR Keywords: (experienc*) OR Keywords: (preference*) OR Keywords: (express*) OR Keywords: (perception*) OR Keywords: (concern*) OR Keywords: (barrier*) OR Keywords: (challeng*) OR Keywords: (limitat*) OR Keywords: (lack) OR Keywords: (lacking) OR Keywords: (impediment*) OR Keywords: (impede*) OR Keywords: (hindrance*) OR Keywords: (hinder*) OR Keywords: (obstacle*) OR Keywords: (hurdle*) OR Keywords: (resistan*) OR Keywords: (stigma*) OR Keywords: (adherence*) OR Keywords: (compliance*) OR Keywords: (facilitat*) OR Keywords: (dissemination*) OR Keywords: (enable*) OR Keywords: (opportunit*) OR Keywords: (competence*) OR Keywords: (collaborat*) OR Keywords: (willing*) OR Keywords: (involv*) OR Keywords: (participat*) OR Keywords: (motivat*) OR Keywords: (communicat*) OR Keywords: (attitude*) OR Keywords: (advantage*)) OR (IndexTermsFilt: ("Treatment Compliance") OR IndexTermsFilt: ("Client Attitudes") OR IndexTermsFilt: ("Client Satisfaction") OR IndexTermsFilt: ("Treatment Barriers") OR IndexTermsFilt: ("Treatment Dropouts") OR IndexTermsFilt: ("Treatment Termination") OR IndexTermsFilt: ("Digital Literacy") OR IndexTermsFilt: ("Risk Factors"))))</p> <p><i>Search Databases:</i> APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</p>	
#8	<p>Title: "computer literacy" OR Title: experienc* OR Title: preference* OR Title: express* OR Title: perception* OR Title: concern* OR Title: barrier* OR Title: challeng* OR Title: limitat* OR Title: lack OR Title: lacking OR Title: impediment* OR Title: impede* OR Title: hindrance* OR Title: hinder* OR Title: obstacle* OR Title: hurdle* OR Title: resistan* OR Title: stigma* OR Title: adherence* OR Title: compliance* OR Title: facilitat* OR Title: dissemination* OR Title: enable* OR Title: opportunit* OR Title: competence* OR Title: collaborat* OR Title: willing* OR Title: involv* OR Title: participat* OR Title: motivat* OR Title: communicat* OR Title: attitude* OR Title: advantage* OR Abstract: "computer</p>	3359225



	<p>literacy" OR Abstract: experienc* OR Abstract: preference* OR Abstract: express* OR Abstract: perception* OR Abstract: concern* OR Abstract: barrier* OR Abstract: challeng* OR Abstract: limitat* OR Abstract: lack OR Abstract: lacking OR Abstract: impediment* OR Abstract: impede* OR Abstract: hindrance* OR Abstract: hinder* OR Abstract: obstacle* OR Abstract: hurdle* OR Abstract: resistan* OR Abstract: stigma* OR Abstract: adherence* OR Abstract: compliance* OR Abstract: facilitat* OR Abstract: dissemination* OR Abstract: enable* OR Abstract: opportunit* OR Abstract: competence* OR Abstract: collaborat* OR Abstract: willing* OR Abstract: involv* OR Abstract: participat* OR Abstract: motivat* OR Abstract: communicat* OR Abstract: attitude* OR Abstract: advantage* OR Keywords: "computer literacy" OR Keywords: experienc* OR Keywords: preference* OR Keywords: express* OR Keywords: perception* OR Keywords: concern* OR Keywords: barrier* OR Keywords: challeng* OR Keywords: limitat* OR Keywords: lack OR Keywords: lacking OR Keywords: impediment* OR Keywords: impede* OR Keywords: hindrance* OR Keywords: hinder* OR Keywords: obstacle* OR Keywords: hurdle* OR Keywords: resistan* OR Keywords: stigma* OR Keywords: adherence* OR Keywords: compliance* OR Keywords: facilitat* OR Keywords: dissemination* OR Keywords: enable* OR Keywords: opportunit* OR Keywords: competence* OR Keywords: collaborat* OR Keywords: willing* OR Keywords: involv* OR Keywords: participat* OR Keywords: motivat* OR Keywords: communicat* OR Keywords: attitude* OR Keywords: advantage* OR Index Terms: {Treatment Compliance} OR {Client Attitudes} OR {Client Satisfaction} OR {Treatment Barriers} OR {Treatment Dropouts} OR {Treatment Termination} OR {Digital Literacy} OR {Risk Factors}</p> <p><i>Search Databases:</i> APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</p>	
#7	<p>((((((((IndexTermsFilt: ("Online Therapy")))) OR (((IndexTermsFilt: ("Digital Interventions")))) OR (((IndexTermsFilt: ("Computer Assisted Therapy")))) OR (((title: ("internet therap*")) OR (((title: (online)))) OR (((title: ("internet based*")) OR (((title: ("web based*")) OR (((title: (web-based)))) OR (((title: ("internet delivered*")) OR (((title: (computerized)))) OR (((title: (computerised)))) OR (((abstract: ("internet therap*")) OR (((abstract: (online)))) OR (((abstract: ("internet based*")) OR (((abstract: ("web based*")) OR (((abstract: (web-based)))) OR (((abstract: ("internet delivered*")) OR (((abstract: (computerized)))) OR (((abstract: (computerised)))) OR (((Keywords: ("internet therap*")) OR (((Keywords: (online)))) OR (((Keywords: ("internet based*")) OR (((Keywords: ("web based*")) OR (((Keywords: (web-based)))) OR (((Keywords: ("internet delivered*")) OR (((Keywords: (computerized)))) OR (((Keywords: (computerised)))))) AND (((IndexTermsFilt: ("Cognitive Behavior Therapy")) OR (IndexTermsFilt: ("Acceptance and Commitment Therapy")) OR (IndexTermsFilt: ("Cognitive Analytic Therapy")) OR (IndexTermsFilt: ("Cognitive Processing Therapy")) OR (IndexTermsFilt: ("Cognitive Techniques")) OR (IndexTermsFilt: ("Cognitive Therapy")) OR (IndexTermsFilt: ("Mindfulness-Based Cognitive Therapy")) OR (IndexTermsFilt: ("Trauma-Focused Cognitive Behavior Therapy")))) OR (((title: (cognitive NEAR/2 therap*))) OR (((abstract: (cognitive NEAR/2 therap*))) OR (((Keywords: (cognitive NEAR/2 therap*)))) AND (((title: (guided)) OR (title: (assisted)) OR (title: ("therapist led")) OR (title: ("therapist support*")) OR (title: (guidance))) OR ((abstract: (guided)) OR (abstract: (assisted)) OR (abstract: ("therapist led")) OR (abstract: ("therapist support*")) OR (abstract: (guidance))) OR ((Keywords: (guided)) OR (Keywords: (assisted)) OR (Keywords: ("therapist led")) OR (Keywords: ("therapist support*")) OR (Keywords: (support*))) OR (Keywords:</p>	535

	(guidance)))) AND ((IndexTermsFilt: ("Major Depression") OR IndexTermsFilt: ("Anaclitic Depression") OR IndexTermsFilt: ("Dysthymic Disorder") OR IndexTermsFilt: ("Endogenous Depression") OR IndexTermsFilt: ("Late Life Depression") OR IndexTermsFilt: ("Postpartum Depression") OR IndexTermsFilt: ("Reactive Depression") OR IndexTermsFilt: ("Recurrent Depression") OR IndexTermsFilt: ("Treatment Resistant Depression") OR IndexTermsFilt: ("Depression (Emotion)")) OR (title: (depressi*)) OR (abstract: (depressi*)) OR (Keywords: (depressi*))) <i>Search Databases:</i> APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy	
#6	Index Terms: {Major Depression} OR {Anaclitic Depression} OR {Dysthymic Disorder} OR {Endogenous Depression} OR {Late Life Depression} OR {Postpartum Depression} OR {Reactive Depression} OR {Recurrent Depression} OR {Treatment Resistant Depression} OR {Depression (Emotion)} OR Title: depressi* OR Abstract: depressi* OR Keywords: depressi* <i>Search Databases:</i> APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy	351708
#5	(((((IndexTermsFilt: ("Online Therapy")) OR ((IndexTermsFilt: ("Digital Interventions")) OR ((IndexTermsFilt: ("Computer Assisted Therapy")))) OR (((title: ("internet therap*")) OR ((title: (online))) OR ((title: ("internet based")) OR ((title: ("web based")) OR ((title: (web-based))) OR ((title: ("internet delivered*")) OR ((title: (computerized))) OR ((title: (computerised)))) OR (((abstract: ("internet therap*")) OR ((abstract: (online))) OR ((abstract: ("internet based")) OR ((abstract: ("web based")) OR ((abstract: (web-based))) OR ((abstract: ("internet delivered*")) OR ((abstract: (computerized))) OR ((abstract: (computerised)))) OR (((Keywords: ("internet therap*")) OR ((Keywords: (online))) OR ((Keywords: ("internet based")) OR ((Keywords: ("web based")) OR ((Keywords: (web-based))) OR ((Keywords: ("internet delivered*")) OR ((Keywords: (computerized))) OR ((Keywords: (computerised)))))) AND (((IndexTermsFilt: ("Cognitive Behavior Therapy")) OR (IndexTermsFilt: ("Acceptance and Commitment Therapy")) OR (IndexTermsFilt: ("Cognitive Analytic Therapy")) OR (IndexTermsFilt: ("Cognitive Processing Therapy")) OR (IndexTermsFilt: ("Cognitive Techniques")) OR (IndexTermsFilt: ("Cognitive Therapy")) OR (IndexTermsFilt: ("Mindfulness-Based Cognitive Therapy")) OR (IndexTermsFilt: ("Trauma-Focused Cognitive Behavior Therapy")) OR ((title: (cognitive NEAR/2 therap*)) OR ((abstract: (cognitive NEAR/2 therap*)) OR ((Keywords: (cognitive NEAR/2 therap*)))) AND ((title: (guided) OR title: (assisted) OR title: ("therapist led") OR title: ("therapist support*") OR title: (guidance)) OR (abstract: (guided) OR abstract: (assisted) OR abstract: ("therapist led") OR abstract: ("therapist support*") OR abstract: (guidance)) OR (Keywords: (guided) OR Keywords: (assisted) OR Keywords: ("therapist led") OR Keywords: ("therapist support*") OR Keywords: (guidance))) <i>Search Databases:</i> APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy	1061
#4	Title: guided OR Title: assisted OR Title: "therapist led" OR Title: "therapist support*" OR Title: guidance OR Abstract: guided OR Abstract: assisted OR Abstract: "therapist led" OR Abstract: "therapist support*" OR Abstract: guidance OR Keywords: guided OR Keywords: assisted OR Keywords: "therapist led" OR Keywords: "therapist support*" OR Keywords: guidance <i>Search Databases:</i> APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy	155073
#3	(((((IndexTermsFilt: ("Online Therapy")) OR (IndexTermsFilt: ("Digital Interventions")) OR (IndexTermsFilt: ("Computer Assisted Therapy")))) OR (((title: ("internet therap*")) OR (title: (online))) OR (title: (online)))	3528

	<p>("internet based")) OR (title: ("web based")) OR (title: (webbased)) OR (title: ("internet delivered*")) OR (title: (computerized)) OR (title: (computerised)) OR ((abstract: ("internet therap*")) OR (abstract: (online)) OR (abstract: ("internet based")) OR (abstract: ("web based")) OR (abstract: (webbased)) OR (abstract: ("internet delivered*")) OR (abstract: (computerized)) OR (abstract: (computerised))) OR ((Keywords: ("internet therap*")) OR (Keywords: (online)) OR (Keywords: ("internet based")) OR (Keywords: ("web based")) OR (Keywords: (web-based)) OR (Keywords: ("internet delivered*")) OR (Keywords: (computerized)) OR (Keywords: (computerised)))) AND ((IndexTermsFilt: ("Cognitive Behavior Therapy") OR IndexTermsFilt: ("Acceptance and Commitment Therapy") OR IndexTermsFilt: ("Cognitive Analytic Therapy") OR IndexTermsFilt: ("Cognitive Processing Therapy") OR IndexTermsFilt: ("Cognitive Techniques") OR IndexTermsFilt: ("Cognitive Therapy") OR IndexTermsFilt: ("Mindfulness-Based Cognitive Therapy") OR IndexTermsFilt: ("Trauma-Focused Cognitive Behavior Therapy")) OR (title: (cognitive NEAR/2 therap*)) OR (abstract: (cognitive NEAR/2 therap*)) OR (Keywords: (cognitive NEAR/2 therap*)))</p> <p><i>Search Databases:</i> APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</p>	
#2	<p>Index Terms: {Cognitive Behavior Therapy} OR {Acceptance and Commitment Therapy} OR {Cognitive Analytic Therapy} OR {Cognitive Processing Therapy} OR {Cognitive Techniques} OR {Cognitive Therapy} OR {Mindfulness-Based Cognitive Therapy} OR {Trauma-Focused Cognitive Behavior Therapy} OR Title: cognitive NEAR/2 therap* OR Abstract: cognitive NEAR/2 therap* OR Keywords: cognitive NEAR/2 therap*</p> <p><i>Search Databases:</i> APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</p>	53976
#1	<p>((IndexTermsFilt: ("Online Therapy") OR IndexTermsFilt: ("Digital Interventions") OR IndexTermsFilt: ("Computer Assisted Therapy"))) OR ((title: ("internet therap*") OR title: (online) OR title: ("internet based") OR title: ("web based") OR title: (webbased) OR title: ("internet delivered*") OR title: (computerized) OR title: (computerised)) OR (abstract: ("internet therap*") OR abstract: (online) OR abstract: ("internet based") OR abstract: ("web based") OR abstract: (webbased) OR abstract: ("internet delivered*") OR abstract: (computerized) OR abstract: (computerised)) OR (Keywords: ("internet therap*") OR Keywords: (online) OR Keywords: ("internet based") OR Keywords: ("web based") OR Keywords: (webbased) OR Keywords: ("internet delivered*") OR Keywords: (computerized) OR Keywords: (computerised)))</p> <p><i>Search Databases:</i> APA PsycInfo, APA PsycArticles, APA PsycTests, APA PsycTherapy</p>	172275



4

Bilag til organisatoriske implikationer

4.1 Databaser og resultater

Tabel 5 – Søgeresultater for undersøgelsesspørgsmål 5, 6 og 7.

Database	Platform	Resultat	Dato
PubMed	PubMed.gov	1069	08.06.2023

4.2 Søgestring

PubMed

Search	Query	Results
#22	Search: (((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*"[Text Word] OR "cognitive behavior therap*"[Text Word] OR "cognitive behaviour therap*"[Text Word] OR "cognitive behavioral therap*"[Text Word] OR "cognitive behavioural therap*"[Text Word] OR "CBT"[Text Word])) AND ("Internet"[Mesh] OR "internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word])) OR ("internet therap*"[Text Word] OR "online therap*"[Text Word] OR "iCBT"[Text Word] OR "internet based therap*"[Text Word] OR "web based therap*"[Text Word] OR ("webbased"[Text Word] AND "therap*"[Text Word]) OR "internet delivered therap*"[Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word] OR "Therapy, Computer-Assisted"[Mesh:NoExp])) AND ("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms] OR depressi*[Text Word]) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title])) NOT ("Adolescent"[MeSH Terms] NOT "Adult"[MeSH Terms])) AND (organization*[Title/Abstract] OR organisation*[Title/Abstract] OR administrat*[Title/Abstract] OR implement*[Title/Abstract] OR barrier*[Title/Abstract] OR facilitat*[Title/Abstract] OR resource*[Title/Abstract])) OR ((direct access[Text Word] OR self referr*[Text Word] OR selfreferr*[Text Word] OR patient initiated[Text Word] OR bypassing[Text Word] OR direct patient referr*[Text Word]) AND ("Depressive Disorder"[Mesh] OR (depression[Text Word])))) AND (2013/01/01:2023/12/31[Date - Publication] AND ("Danish"[Language] OR "English"[Language] OR "Norwegian"[Language] OR "Swedish"[Language])) Sort by: Publication Date	1,069
#21	Search: (((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*"[Text Word] OR "cognitive behavior therap*"[Text Word] OR "cognitive behaviour therap*"[Text Word] OR "cognitive behavioral therap*"[Text Word] OR "cognitive behavioural therap*"[Text Word] OR "CBT"[Text Word])) AND ("Internet"[Mesh] OR "internet based"[Text	1,402

	Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word])) OR ("internet therap*"[Text Word] OR "online therap*"[Text Word] OR "iCBT"[Text Word] OR "internet based therap*"[Text Word] OR "web based therap*"[Text Word] OR ("webbased"[Text Word] AND "therap*"[Text Word]) OR "internet delivered therap*"[Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word] OR "Therapy, Computer-Assisted"[Mesh:NoExp])) AND ("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms] OR depressi*[Text Word]) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title]) NOT ("Adolescent"[MeSH Terms] NOT "Adult"[MeSH Terms])) AND (organization*[Title/Abstract] OR organisation*[Title/Abstract] OR administrat*[Title/Abstract] OR implement*[Title/Abstract] OR barrier*[Title/Abstract] OR facilitat*[Title/Abstract] OR resource*[Title/Abstract])) OR ((direct access[Text Word] OR self referr*[Text Word] OR selfreferr*[Text Word] OR patient initiated[Text Word] OR bypassing[Text Word] OR direct patient referr*[Text Word]) AND ("Depressive Disorder"[Mesh]) OR (depression[Text Word])) Sort by: Publication Date	
#20	Search: (direct access[Text Word] OR self referr*[Text Word] OR selfreferr*[Text Word] OR patient initiated[Text Word] OR bypassing[Text Word] OR direct patient referr*[Text Word]) AND ("Depressive Disorder"[Mesh]) OR (depression[Text Word])) Sort by: Publication Date	329
#18	Search: (((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*"[Text Word] OR "cognitive behavior therap*"[Text Word] OR "cognitive behaviour therap*"[Text Word] OR "cognitive behavioral therap*"[Text Word] OR "cognitive behavioural therap*"[Text Word] OR "CBT"[Text Word])) AND ("Internet"[Mesh] OR "internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word])) OR ("internet therap*"[Text Word] OR "online therap*"[Text Word] OR "iCBT"[Text Word] OR "internet based therap*"[Text Word] OR "web based therap*"[Text Word] OR ("webbased"[Text Word] AND "therap*"[Text Word]) OR "internet delivered therap*"[Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word] OR "Therapy, Computer-Assisted"[Mesh:NoExp])) AND ("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms] OR depressi*[Text Word]) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title]) NOT ("Adolescent"[MeSH Terms] NOT "Adult"[MeSH Terms])) AND (organization*[Title/Abstract] OR organisation*[Title/Abstract] OR administrat*[Title/Abstract] OR implement*[Title/Abstract] OR barrier*[Title/Abstract] OR facilitat*[Title/Abstract] OR resource*[Title/Abstract]) Sort by: Publication Date	1,084
#17	Search: organization*[Title/Abstract] OR organisation*[Title/Abstract] OR administrat*[Title/Abstract] OR implement*[Title/Abstract] OR barrier*[Title/Abstract] OR facilitat*[Title/Abstract] OR resource*[Title/Abstract] Sort by: Publication Date	3,505,498
#16	Search: (((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*"[Text Word] OR "cognitive behavior therap*"[Text Word] OR "cognitive behaviour therap*"[Text Word] OR "cognitive behavioral therap*"[Text Word] OR "cognitive behavioural therap*"[Text Word] OR "CBT"[Text Word])) AND ("Internet"[Mesh] OR "internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-	3,355

	delivered"[Text Word] OR "online"[Text Word])) OR ("internet therap*"[Text Word] OR "online therap*"[Text Word] OR "iCBT"[Text Word] OR "internet based therap*"[Text Word] OR "web based therap*"[Text Word] OR ("webbased"[Text Word] AND "therap*"[Text Word]) OR "internet delivered therap*"[Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word] OR "Therapy, Computer-Assisted"[Mesh:NoExp])) AND ("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms] OR depressi*[Text Word])) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title])) NOT ("Adolescent"[MeSH Terms] NOT "Adult"[MeSH Terms]) Sort by: Publication Date	
#15	Search: "Adolescent"[MeSH Terms] NOT "Adult"[MeSH Terms] Sort by: Publication Date	692,648
#14	Search: (((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*"[Text Word] OR "cognitive behavior therap*"[Text Word] OR "cognitive behaviour therap*"[Text Word] OR "cognitive behavioral therap*"[Text Word] OR "cognitive behavioural therap*"[Text Word] OR "CBT"[Text Word])) AND ("Internet"[Mesh] OR "internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word])) OR ("internet therap*"[Text Word] OR "online therap*"[Text Word] OR "iCBT"[Text Word] OR "internet based therap*"[Text Word] OR "web based therap*"[Text Word] OR ("webbased"[Text Word] AND "therap*"[Text Word]) OR "internet delivered therap*"[Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word] OR "Therapy, Computer-Assisted"[Mesh:NoExp])) AND ("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms] OR depressi*[Text Word])) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title]) Sort by: Publication Date	3,514
#13	Search: PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title] Sort by: Publication Date	566,740
#12	Search: (((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*"[Text Word] OR "cognitive behavior therap*"[Text Word] OR "cognitive behaviour therap*"[Text Word] OR "cognitive behavioral therap*"[Text Word] OR "cognitive behavioural therap*"[Text Word] OR "CBT"[Text Word])) AND ("Internet"[Mesh] OR "internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word])) OR ("internet therap*"[Text Word] OR "online therap*"[Text Word] OR "iCBT"[Text Word] OR "internet based therap*"[Text Word] OR "web based therap*"[Text Word] OR ("webbased"[Text Word] AND "therap*"[Text Word]) OR "internet delivered therap*"[Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word] OR "Therapy, Computer-Assisted"[Mesh:NoExp])) AND ("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms] OR depressi*[Text Word])) Sort by: Publication Date	3,824
#11	Search: "Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms] OR depressi*[Text Word] Sort by: Publication Date	576,855
#10	Search: (((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*"[Text Word] OR "cognitive behavior therap*"[Text Word] OR "cognitive behaviour therap*"[Text Word] OR "cognitive behavioral therap*"[Text Word] OR "cognitive behavioural therap*"[Text Word] OR	21,684

	"CBT"[Text Word])) AND ("Internet"[Mesh] OR "internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word])) OR ("internet therap*"[Text Word] OR "online therap*"[Text Word] OR "iCBT"[Text Word] OR "internet based therap*"[Text Word] OR "web based therap*"[Text Word] OR ("webbased"[Text Word] AND "therap*"[Text Word]) OR "internet delivered therap*"[Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word] OR "Therapy, Computer-Assisted"[Mesh:NoExp]) Sort by: Publication Date	
#9	Search: guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word] OR "Therapy, Computer-Assisted"[Mesh:NoExp] Sort by: Publication Date	7,804
#7	Search: "internet therap*"[Text Word] OR "online therap*"[Text Word] OR "iCBT"[Text Word] OR "internet based therap*"[Text Word] OR "web based therap*"[Text Word] OR ("webbased"[Text Word] AND "therap*"[Text Word]) OR "internet delivered therap*"[Text Word] Sort by: Publication Date	11,177
#6	Search: (("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*"[Text Word] OR "cognitive behavior therap*"[Text Word] OR "cognitive behaviour therap*"[Text Word] OR "cognitive behavioral therap*"[Text Word] OR "cognitive behavioural therap*"[Text Word] OR "CBT"[Text Word])) AND ("Internet"[Mesh] OR "internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word]) Sort by: Publication Date	5,459
#5	Search: "Internet"[Mesh] OR "internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word] Sort by: Publication Date	463,827
#4	Search: ("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*"[Text Word] OR "cognitive behavior therap*"[Text Word] OR "cognitive behaviour therap*"[Text Word] OR "cognitive behavioral therap*"[Text Word] OR "cognitive behavioural therap*"[Text Word] OR "CBT"[Text Word]) Sort by: Publication Date	51,626
#3	Search: "cognitive therap*"[Text Word] OR "cognitive behavior therap*"[Text Word] OR "cognitive behaviour therap*"[Text Word] OR "cognitive behavioral therap*"[Text Word] OR "cognitive behavioural therap*"[Text Word] OR "CBT"[Text Word] Sort by: Publication Date	45,406
#2	Search: "Cognitive Behavioral Therapy"[Mesh] Sort by: Publication Date	37,226

5

Bilag til sundhedsøkonomi

5.1 Databaser og resultater

Tabel 6 – Søgeresultater

Database	Platform	Resultater	Dato
PubMed	PubMed.gov	195	16.05.2023
Embase	Embase.com	251	16.05.2023
Cochrane Library	Wiley	272	16.05.2023
CINAHL with Full Text	EBSCO	45	16.05.2023
I alt		763	
÷ Dubletter vha. End-Note		491	

5.2 Søgestreng

Search	Query	Results
#16	Search: (((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*"[Text Word] OR "cognitive behavior therap*"[Text Word] OR "cognitive behaviour therap*"[Text Word] OR "cognitive behavioral therap*"[Text Word] OR "cognitive behavioural therap*"[Text Word] OR "CBT"[Text Word])) AND (("Internet"[Mesh]) OR ("internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word]))) OR ("internet therap*"[Text Word] OR "online therap*"[Text Word] OR "iCBT"[Text Word] OR "internet based therap*"[Text Word] OR "web based therap*"[Text Word] OR ("webbased"[Text Word] AND "therap*"[Text Word]) OR "internet delivered therap*"[Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word])) OR ("Therapy, Computer-Assisted"[Mesh:NoExp])) AND (("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms]) OR (depressi*[Text Word])) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autism*[Title] OR abuse*[Title])) AND (Economics[Mesh:NoExp] OR "Costs and Cost Analysis"[Mesh] OR Economics, Nursing[Mesh] OR Economics, Medical[Mesh] OR Economics, Pharmaceutical[Mesh] OR Economics, Hospital[Mesh] OR	195

	Economics, Dental[Mesh] OR "Fees and Charges"[Mesh] OR Budgets[Mesh] OR budget*[Text Word] OR economic*[Text Word] OR cost[Text Word] OR costs[Text Word] OR costly[Text Word] OR costing[Text Word] OR price[Text Word] OR prices[Text Word] OR pricing[Text Word] OR pharmaco-economic*[Text Word] OR pharmaco-economic*[Text Word] OR expenditure[Text Word] OR expenditures[Text Word] OR expense[Text Word] OR expenses[Text Word] OR financial[Text Word] OR finance[Text Word] OR finances[Text Word] OR financed[Text Word] OR value for money[Text Word] OR monetary value*[Text Word] OR Models, Economic[Mesh] OR economic model*[Text Word] OR Markov Chains[Mesh] OR markov[Text Word] OR Monte Carlo Method[Mesh] OR monte carlo[Text Word] OR Decision Theory[Mesh] OR decision tree*[Text Word] OR decision analy*[Text Word] OR decision model*[Text Word] OR "Value of Life"[Mesh])) NOT ("Adolescent"[MeSH Terms] NOT "Adult"[MeSH Terms])) AND (((("2020/01/01"[Date - Publication] : "2023/12/31"[Date - Publication])) AND (Danish[Language] OR English[Language] OR Norwegian[Language] OR Swedish[Language])) Sort by: Publication Date	
#15	Search: ((("2020/01/01"[Date - Publication] : "2023/12/31"[Date - Publication])) AND (Danish[Language] OR English[Language] OR Norwegian[Language] OR Swedish[Language])) Sort by: Publication Date	5,162,382
#5	Search: (((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*[Text Word] OR "cognitive behavior therap*[Text Word] OR "cognitive behaviour therap*[Text Word] OR "cognitive behavioral therap*[Text Word] OR "cognitive behavioural therap*[Text Word] OR "CBT"[Text Word])) AND (("Internet"[Mesh]) OR ("internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word]))) OR ("internet therap*[Text Word] OR "online therap*[Text Word] OR "iCBT"[Text Word] OR "internet based therap*[Text Word] OR "web based therap*[Text Word] OR ("webbased"[Text Word] AND "therap*[Text Word]) OR "internet delivered therap*[Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word])) OR ("Therapy, Computer-Assisted"[Mesh:NoExp])) AND (("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms]) OR (depressi*[Text Word])) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autism*[Title] OR abuse*[Title])) AND (Economics[Mesh:NoExp] OR "Costs and Cost Analysis"[Mesh] OR Economics, Nursing[Mesh] OR Economics, Medical[Mesh] OR Economics, Pharmaceutical[Mesh] OR Economics, Hospital[Mesh] OR Economics, Dental[Mesh] OR "Fees and Charges"[Mesh] OR Budgets[Mesh] OR budget*[Text Word] OR economic*[Text Word] OR cost[Text Word] OR costs[Text Word] OR costly[Text Word] OR costing[Text Word] OR price[Text Word] OR prices[Text Word] OR pricing[Text Word] OR pharmaco-economic*[Text Word] OR pharmaco-economic*[Text Word] OR expenditure[Text Word] OR expenditures[Text Word] OR expense[Text Word] OR expenses[Text Word] OR financial[Text Word] OR finance[Text Word] OR finances[Text Word] OR financed[Text Word] OR value for money[Text Word]	645

	OR monetary value*[Text Word] OR Models, Economic[Mesh] OR economic model*[Text Word] OR Markov Chains[Mesh] OR markov[Text Word] OR Monte Carlo Method[Mesh] OR monte carlo[Text Word] OR Decision Theory[Mesh] OR decision tree*[Text Word] OR decision analy*[Text Word] OR decision model*[Text Word] OR "Value of Life"[Mesh])) NOT ("Adolescent"[MeSH Terms] NOT "Adult"[MeSH Terms]) Sort by: Publication Date	
#4	Search: "Adolescent"[MeSH Terms] NOT "Adult"[MeSH Terms] Sort by: Publication Date	682,460
#3	Search: (((((((("Cognitive Behavioral Therapy"[Mesh] OR ("cognitive therap*[Text Word] OR "cognitive behavior therap*[Text Word] OR "cognitive behaviour therap*[Text Word] OR "cognitive behavioral therap*[Text Word] OR "cognitive behavioural therap*[Text Word] OR "CBT"[Text Word])) AND (("Internet"[Mesh] OR ("internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word]))) OR ("internet therap*[Text Word] OR "online therap*[Text Word] OR "iCBT"[Text Word] OR "internet based therap*[Text Word] OR "web based therap*[Text Word] OR ("webbased"[Text Word] AND "therap*[Text Word] OR "internet delivered therap*[Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word])) OR ("Therapy, Computer-Assisted"[Mesh:NoExp])) AND ((("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms]) OR (depressi*[Text Word]))) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title])) AND (Economics[Mesh:NoExp] OR "Costs and Cost Analysis"[Mesh] OR Economics, Nursing[Mesh] OR Economics, Medical[Mesh] OR Economics, Pharmaceutical[Mesh] OR Economics, Hospital[Mesh] OR Economics, Dental[Mesh] OR "Fees and Charges"[Mesh] OR Budgets[Mesh] OR budget*[Text Word] OR economic*[Text Word] OR cost[Text Word] OR costs[Text Word] OR costly[Text Word] OR costing[Text Word] OR price[Text Word] OR prices[Text Word] OR pricing[Text Word] OR pharmaco-economic*[Text Word] OR pharmaco-economic*[Text Word] OR expenditure[Text Word] OR expenditures[Text Word] OR expense[Text Word] OR expenses[Text Word] OR financial[Text Word] OR finance[Text Word] OR finances[Text Word] OR financed[Text Word] OR value for money[Text Word] OR monetary value*[Text Word] OR Models, Economic[Mesh] OR economic model*[Text Word] OR Markov Chains[Mesh] OR markov[Text Word] OR Monte Carlo Method[Mesh] OR monte carlo[Text Word] OR Decision Theory[Mesh] OR decision tree*[Text Word] OR decision analy*[Text Word] OR decision model*[Text Word] OR "Value of Life"[Mesh]) Sort by: Publication Date	666
#2	Search: Economics[Mesh:NoExp] OR "Costs and Cost Analysis"[Mesh] OR Economics, Nursing[Mesh] OR Economics, Medical[Mesh] OR Economics, Pharmaceutical[Mesh] OR Economics, Hospital[Mesh] OR Economics, Dental[Mesh] OR "Fees and Charges"[Mesh] OR Budgets[Mesh] OR budget*[Text Word] OR economic*[Text Word] OR cost[Text Word] OR	1,631,410



	costs[Text Word] OR costly[Text Word] OR costing[Text Word] OR price[Text Word] OR prices[Text Word] OR pricing[Text Word] OR pharmaco-economic*[Text Word] OR pharmaco-economic*[Text Word] OR expenditure[Text Word] OR expenditures[Text Word] OR expense[Text Word] OR expenses[Text Word] OR financial[Text Word] OR finance[Text Word] OR finances[Text Word] OR financed[Text Word] OR value for money[Text Word] OR monetary value*[Text Word] OR Models, Economic[Mesh] OR economic model*[Text Word] OR Markov Chains[Mesh] OR markov[Text Word] OR Monte Carlo Method[Mesh] OR monte carlo[Text Word] OR Decision Theory[Mesh] OR decision tree*[Text Word] OR decision analy*[Text Word] OR decision model*[Text Word] OR "Value of Life"[Mesh] Sort by: Publication Date	
#1	Search: (((((((("Cognitive Behavioral Therapy"[Mesh]) OR ("cognitive therap*[Text Word] OR "cognitive behavior therap*[Text Word] OR "cognitive behaviour therap*[Text Word] OR "cognitive behavioral therap*[Text Word] OR "cognitive behavioural therap*[Text Word] OR "CBT"[Text Word]))) AND (("Internet"[Mesh]) OR ("internet based"[Text Word] OR "web-based"[Text Word] OR "webbased"[Text Word] OR "computerised"[Text Word] OR "computerized"[Text Word] OR "internet-delivered"[Text Word] OR "online"[Text Word]))) OR ("internet therap*[Text Word] OR "online therap*[Text Word] OR "iCBT"[Text Word] OR "internet based therap*[Text Word] OR "web based therap*[Text Word] OR ("webbased"[Text Word] AND "therap*[Text Word]) OR "internet delivered therap*[Text Word])) OR (guided self-help[Text Word] OR online self-help[Text Word] OR self-guided online[Text Word])) OR ("Therapy, Computer-Assisted"[Mesh:NoExp])) AND (("Depressive Disorder"[MeSH Terms] OR "Depression"[MeSH Terms]) OR (depressi*[Text Word])) NOT (PTSD[Title] OR post-traumatic*[Title] OR posttraumatic*[Title] OR pain[Title] OR eating[Title] OR anore*[Title] OR bulimi*[Title] OR dementia*[Title] OR alzheimer*[Title] OR autis*[Title] OR abuse*[Title]) Sort by: Publication Date	3,312

5.2.1 Embase

No.	Query	Results
#23	#21 NOT #22	251
#22	'conference abstract'/it OR 'conference paper'/it	5533082
#21	#19 AND #20	287
#20	'economics'/exp OR 'cost'/exp OR 'health economics'/exp OR 'budget'/de OR budget*:ti,ab,kw OR economic*:ti,ab,kw OR cost:ti,ab,kw OR costs:ti,ab,kw OR costly:ti,ab,kw OR costing:ti,ab,kw OR price:ti,ab,kw OR prices:ti,ab,kw OR pricing:ti,ab,kw OR pharmaco-economic*:ti,ab,kw OR 'pharmaco-economic*:ti,ab,kw OR expenditure:ti,ab,kw OR expenditures:ti,ab,kw OR expense:ti,ab,kw OR expenses:ti,ab,kw OR financial:ti,ab,kw OR	3105225

	finance:ti,ab,kw OR finances:ti,ab,kw OR financed:ti,ab,kw OR ((cost* NEAR/2 (effective* OR utilit* OR benefit* OR minimi* OR analy* OR outcome OR outcomes)):ti,ab,kw) OR ((value NEAR/2 (money OR monetary)):ti,ab,kw) OR 'statistical model'/exp OR 'economic model*':ti,ab,kw OR 'probability'/exp OR 'markov chain'/exp OR markov:ti,ab,kw OR 'monte carlo method'/exp OR 'monte carlo':ti,ab,kw OR 'decision theory'/de OR 'decision tree'/de OR ((decision* NEAR/2 (tree* OR analy* OR model*)):ti,ab,kw)	
#19	#17 NOT #18	1354
#18	'juvenile'/exp NOT 'adult'/exp	2776514
#17	#15 NOT #16 AND ([danish]/lim OR [english]/lim OR [norwegian]/lim OR [swedish]/lim) AND [2020-2023]/py	1451
#16	ptsd:ti OR 'post traumatic*':ti OR posttraumatic*:ti OR pain*:ti OR eating:ti OR anore*:ti OR bulimi*:ti OR dementia*:ti OR alzheimer*:ti OR autism*:ti OR abuse*:ti	738425
#15	#11 AND #14	4031
#14	#12 OR #13	879315
#13	depressi*:ti,ab,kw	666032
#12	'depression'/exp	628047
#11	#1 OR #2 OR #3 OR #10	19076
#10	#6 AND #9	5675
#9	#7 OR #8	569587
#8	'internet based':ti,ab,kw OR 'web-based':ti,ab,kw OR webbased:ti,ab,kw OR computeri?ed:ti,ab,kw OR 'internet-delivered':ti,ab,kw OR online:ti,ab,kw	486465
#7	'internet'/exp	127198
#6	#4 OR #5	58905
#5	((cognitive NEAR/2 therap*):ti,ab,kw) OR cbt:ti,ab,kw	47262
#4	'cognitive behavioral therapy'/exp	25944
#3	'computer assisted therapy'/de	4824
#2	'internet therap*':ti,ab,kw OR 'online therap*':ti,ab,kw OR icbt:ti,ab,kw OR 'internet based therap*':ti,ab,kw OR 'web based therap*':ti,ab,kw OR (webbased:ti,ab,kw AND therap*':ti,ab,kw) OR 'internet delivered therap*':ti,ab,kw OR 'guided self-help':ti,ab,kw OR 'online self-help':ti,ab,kw OR 'self-guided online':ti,ab,kw	10527

#1	'internet based cognitive behavioral therapy'/exp OR 'internet based cognitive behavior therapy'/exp OR 'telepsychotherapy'/de	362
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5.2.2 Cochrane

ID	Search	Hits
#1	MeSH descriptor: [Cognitive Behavioral Therapy] explode all trees	12842
#2	((cognitive NEAR/2 therap*) OR CBT):ti,ab,kw	26664
#3	#1 OR #2	28569
#4	MeSH descriptor: [Internet] explode all trees	6136
#5	("internet based" OR "web-based" OR webbased OR computeri?ed OR "internet-delivered" OR online):ti,ab,kw	43066
#6	#4 OR #5	44392
#7	#3 AND #6	4541
#8	("internet therapy" OR "online therapy" OR icbt OR "internet based therapy" OR "web based therapy" OR "webbased therapy" OR "internet delivered therapy" OR "guided self-help" OR "online self-help" OR "self-guided online"):ti,ab,kw (Word variations have been searched)	1733
#9	MeSH descriptor: [Therapy, Computer-Assisted] this term only	1476
#10	{OR #7-#9}	6367
#11	MeSH descriptor: [Depressive Disorder] explode all trees	15055
#12	MeSH descriptor: [Depression] explode all trees	18299
#13	(depressi*):ti,ab,kw	101825
#14	{OR #11-#13}	101909
#15	#10 AND #14	3000
#16	(ptsd OR "post traumatic" OR posttraumatic OR pain* OR eating OR anore* OR bulimi* OR dementia* OR alzheimer* OR autis* OR abuse*):ti	105018
#17	#15 NOT #16	2713
#18	MeSH descriptor: [Adolescent] explode all trees	125309
#19	MeSH descriptor: [Child] explode all trees	77718

#20	MeSH descriptor: [Adult] explode all trees	584405
#21	(#18 OR #19) NOT #20	63944
#22	#17 NOT #21	2618
#23	MeSH descriptor: [Economics] this term only	84
#24	MeSH descriptor: [Costs and Cost Analysis] explode all trees	14518
#25	MeSH descriptor: [Economics, Nursing] explode all trees	13
#26	MeSH descriptor: [Economics, Medical] explode all trees	73
#27	MeSH descriptor: [Economics, Pharmaceutical] explode all trees	121
#28	MeSH descriptor: [Economics, Hospital] explode all trees	823
#29	MeSH descriptor: [Economics, Dental] explode all trees	6
#30	MeSH descriptor: [Fees and Charges] explode all trees	321
#31	MeSH descriptor: [Budgets] explode all trees	56
#32	(budget* or economic* or cost or costs or costly or costing or price or prices or pricing or pharmaco-economic* or pharmaco-economic* or expenditure or expenditures or expense or expenses or financial or finance or finances or financed):ti,ab,kw	112464
#33	(cost* NEAR/2 (effective* OR utilit* OR benefit* OR minimi* OR analy* OR outcome OR outcomes)):ti,ab,kw	41892
#34	(value NEAR/2 (money OR monetary)):ti,ab,kw	367
#35	MeSH descriptor: [Models, Economic] explode all trees	571
#36	(economic model*):ti,ab,kw	4936
#37	MeSH descriptor: [Markov Chains] explode all trees	493
#38	MeSH descriptor: [Monte Carlo Method] explode all trees	382
#39	(markov or monte carlo):ti,ab,kw	2686
#40	MeSH descriptor: [Decision Theory] explode all trees	339
#41	(decision* NEAR/2 (tree* OR analy* OR model*)):ti,ab,kw	3149
#42	{OR #23-#41}	115302

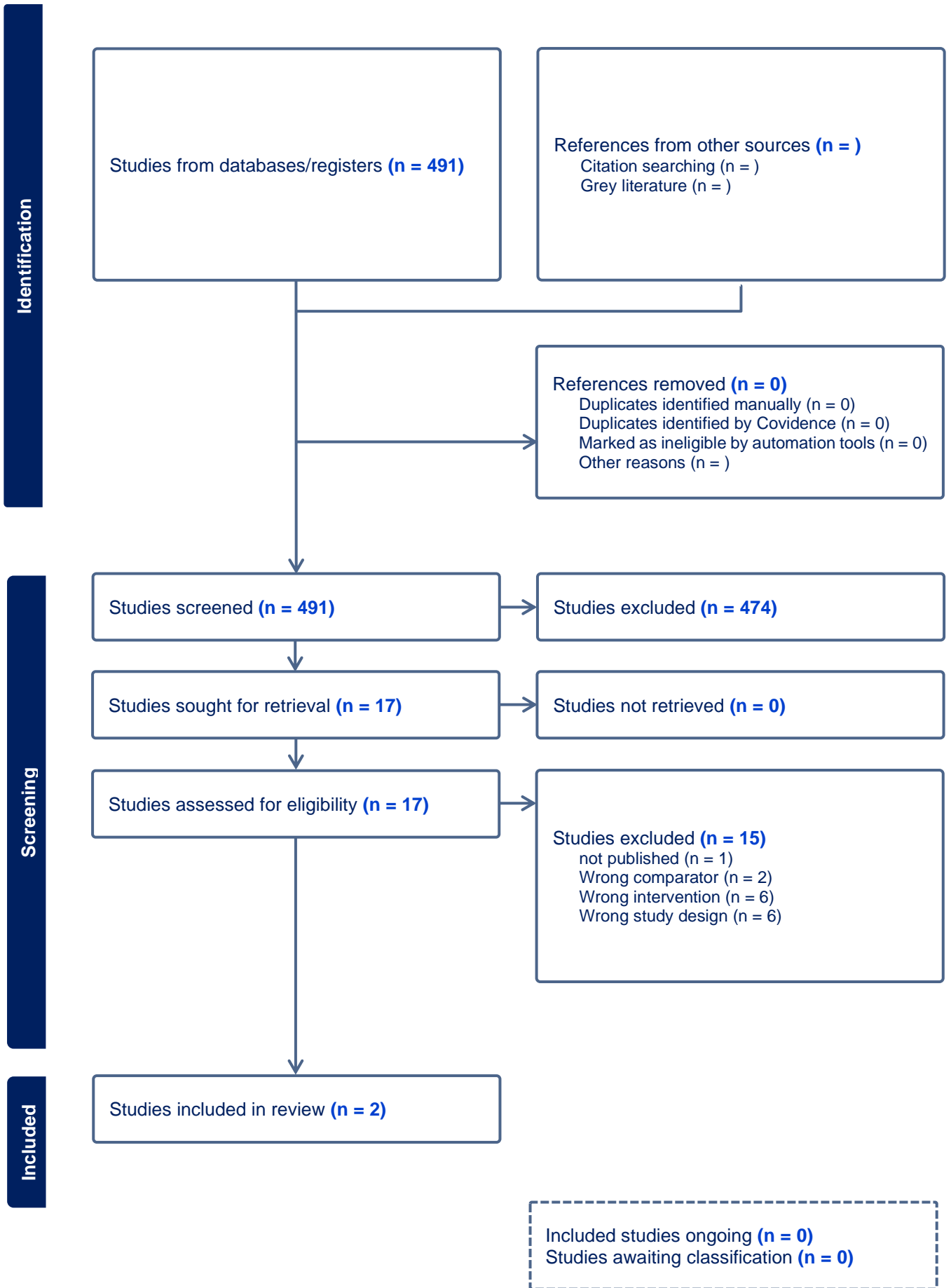
#43	#22 AND #42 with Cochrane Library publication date Between Jan 2020 and Dec 2023	272
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5.2.3 CINAHL

#	Query	Limiters/Expanders	Results
S21	S19 AND S20		45
S20	MH "Economics" OR MH "Costs and Cost Analysis+" OR MH "Economic Aspects of Illness" OR MH "Resource Allocation+" OR MH "Economic Value of Life" OR MH "Economics, Pharmaceutical" OR MH "Economics, Dental" OR MH "Fees and Charges+" OR MH "Budgets" OR MH "Decision Trees" OR TI budget* OR TI (economic* OR cost OR costs OR costly OR costing OR price OR prices OR pricing OR pharmacoeconomic* OR "pharmaco-economic*" OR expenditure OR expenditures OR expense OR expenses OR financial OR finance OR finances OR financed) OR TI (cost* N2 (effective* OR utilit* OR benefit* OR minimi* OR analy* OR outcome OR outcomes)) OR TI (value N2 (money OR monetary)) OR TI (markov OR monte carlo) OR TI (decision* N2 (tree* OR analy* OR model*)) OR AB budget* OR AB (economic* OR cost OR costs OR costly OR costing OR price OR prices OR pricing OR pharmacoeconomic* OR "pharmaco-economic*" OR expenditure OR expenditures OR expense OR expenses OR financial OR finance OR finances OR financed) OR AB (cost* N2 (effective* OR utilit* OR benefit* OR minimi* OR analy* OR outcome OR outcomes)) OR AB (value N2 (money OR monetary)) OR AB (markov OR monte carlo) OR AB (decision* N2 (tree* OR analy* OR model*)))		457,932
S19	S16 NOT S17	Limiters – Published Date: 20200101-20231231; Language: Danish, English, Norwegian, Swedish	332
S18	S16 NOT S17		1,195
S17	((MH "Adolescence+") OR (MH "Child+")) NOT (MH "Adult+")		674,318
S16	S14 NOT S15		1,285
S15	TI ptsd OR post traumatic* OR posttraumatic* OR pain* OR eating OR anore* OR bulimi* OR dementia* OR alzheimer* OR autis* OR abuse*		748,413
S14	S10 AND S13		1,577
S13	S11 OR S12		213,461

S12	depressi*	213,389
S11	(MH "Depression+")	132,482
S10	S7 OR S8 OR S9	8,838
S9	internet therap* OR online therap* OR icbt OR internet based therap* OR web based therap* OR webbased therap* OR internet delivered therap* OR "guided self-help" OR "online self-help" OR "self-guided online"	1,062
S8	(MH "Therapy, Computer Assisted")	5,466
S7	S3 AND S6	3,191
S6	S4 OR S5	276,350
S5	"internet based" OR "web-based" OR webbased OR computeri?ed OR "internet-delivered" OR online	153,227
S4	(MH "Internet+")	160,480
S3	S1 OR S2	36,293
S2	cognitive N2 therap* OR CBT	28,823
S1	(MH "Cognitive Therapy+")	28,625

5.3 Prismadiagram





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